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THURSDAY JANUARY 10TH, 2019

Maesteg Good Samaritans sought after Christmas Eve assault - see page 3.

Get ready for 2019 with our Health, Beauty and Fitness feature - pages 16-19.

RNLI crew 'targeted by blinding green light'

CREW members of Porthcawl RNLI were temporarily blinded recently by, said a spokesperson, "... a laser light aimed at them from a local car park.

"When returning from a search on January 6, crew were repeatedly targeted by a green laser light."

The helm of Porthcawl's Atlantic 85 lifeboat, Joe Missen said: "The crew reported being targeted by a blinding green light on numerous occasions.

"We suspect this was a deliberate act as the person responsible would have seen the navigation lights and blue flashing light of the lifeboat.

"The light was coming from the direction of the Ogmore-by-Sea car park."

CONTINUED ON PAGE 8

Decision on housing plan at Porthcawl Scout hall is deferred

PLANS to demolish a building used by a Scout group in Porthcawl and replace it with 10 homes have been deferred after councillors said more details were needed over what will happen to all the community groups that use it.

The application by Valleys to Coast Housing (V2C) is for six two-bedroom semi-detached properties and four one-bedroom flats on the site of Woodland Hall in Woodlands Avenue.

The plans have been in the pipeline for more than two years – permission was refused in 2016 for a similar scheme over design concerns and a lack of information justifying the loss of the community facility.

The revised plans involve a redesign of the proposed buildings and include an agreement whereby Porthcawl Scout Group will relocate to a nearby church hall in Woodland Avenue.

Yet while some councillors at Bridgend County Borough Council's planning committee welcomed the redesign, they were not satisfied with the level of information provided on other community groups that used the building.

Cllr Carolyn Webster said: "There are always organisations which hold fundraising events there.

"I'm very uncomfortable with a lack of possible provision to other users.

"I appreciate this isn't a material planning consideration but I think it would be somewhat wrong for this committee not to consider the effect of the removal of this building."

Cllr Amanda Williams added: "I want reassurance that the rest of the community hasn't been left out of it."

BCBC's group manager for development, Jonathan Parsons, told councillors the local authority had little control over what V2C did with the building as the housing association owned it.

He said: "You have to balance the merits of much-needed affordable housing with the loss of a community facility that's not in the control of the people using it, as the actual landowners have control of the building."

Planning officers had recommended the plans for approval subject to conditions.

One of the conditions would see V2C enter into an agreement to ensure Woodland Hall was not demolished until the Scouts had relocated to their new base.

The application prompted numerous objections from residents with concerns over the loss of a community asset, the loss of green space and fears the new home for the Scouts might not happen.

Woodland Hall and the land it sits on is owned by V2C, which leases it to the Scouts.

To aid the development proposal, V2C is planning to purchase the leasehold of Gilgal Baptist Church hall in Woodland Avenue. Gilgal Baptist Church's main site is in Park Avenue.

Seven councillors voted to defer a decision on the application until the next planning committee meeting, while six voted against its deferral.

Officers will be asked to bring back further information on which community groups currently use Woodland Hall, what improvement work is planned for the church hall and whether it can accommodate all the necessary groups.

The development control committee meeting took place on Thursday, January 3.

Liz Bradfield
Local democracy reporter

Regeneration - Civic society rejects Bridgend council's plans

THE Porthcawl Civic Trust has rejected the regeneration plans put forward by Bridgend County Borough Council (BCBC) – insisting that housing should play no part in plans for the Hillsboro and Salt Lake car parks.

The organisation sent a long letter to the BCBC cabinet member for regeneration, Cllr Charles Smith, saying what they would like to see on the site.

BCBC officers put their plan together after the council spent £3.5 million buying the leasehold of Salt Lake Car Park from the Evans families. When BCBC bought the lease, in early 2017, council leader Cllr Huw David said that BCBC needed to get that £3.5 million back by making land available for development.

The Civic Trust, when asked by The GEM some months ago if it accepted this principle, said that the society did.

CONTINUED ON PAGE 8

Council's 'IT error' at meeting

A NUMBER of county councillors in Bridgend were left "very uncomfortable" when "major changes" to the local authority's capital programme had to be discussed at "short notice" in a council meeting due to an "IT error".

SEE FULL STORY ON PAGE 3

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AM presses Welsh Government on CPR in schools

SUZY Davies AM has accused the Welsh Labour Government of being "behind the curve" yet again after failing to heed calls to introduce the teaching of life saving skills as a mandatory part of the school curriculum in Wales.

The Welsh Conservative AM, who has been campaigning for this for many years, welcomed the confirmation that the UK government will be introducing compulsory lessons in Cardiac Pulmonary Resuscitation (CPR) in English schools in 2020. Mrs Davies, who is the Shadow Education Secretary, said that news that the UK Conservative government was taking this action was very welcome.

She said: "I have been campaigning ever since I was elected to get first aid including CPR taught in Welsh schools. This call has been supported by pupils, parents, teachers, charities and AMs of all political persuasions.

"It remains a mystery why Welsh Government has been so resolutely out of step with public opinion on this. Can it really be as simple as blanking the idea because it's a Welsh Conservative AM who's been leading the charge politically? This is not about political parties – it's about public demand to make Wales a nation of lifesavers.

"I have also campaigned to get defibrillators installed in as many public venues as possible. Having the right equipment coupled with the necessary know-how will make all the difference to survival rates following heart attacks.

"Fewer than one person in 10 in the UK survives cardiac arrest if it takes place outside of a hospital, as so few people have been trained in CPR. We need to start somewhere and teaching children as they go through school by putting this into the curriculum will ensure in time that the proportion of the population with these life-saving skills will rise to a level where survival rates start to improve. In countries where CPR is taught in schools, the survival rate rises to one in four."

A Welsh Government spokesperson said: "The Welsh Government encourages everyone to learn first aid but it is for schools to decide if, and how best, to provide first aid learning opportunities within the curriculum.

"The new curriculum will continue to encourage everyone to learn first aid."

Police issue warning after spate of burglaries

RESIDENTS in Bridgend are being urged to be vigilant and ensure all their property is kept secure following recent burglaries in the area.

Two burglaries and one attempted burglary were carried out between December 29 and 30.

The burglaries took place in Waunbant Road, Kenfig Hill, and Maesteg Road, Cwmfelin. The attempted burglary took place in Cherry Tree Avenue, Porthcawl.

A police spokesman said: "While we don't want to alarm anyone, we would encourage the public to take all steps available to them to try and minimise the risk of them falling victim to burglars.

"Ensuring windows and doors are securely locked, installing alarms and CCTV, and keeping valuable items out of sight can all act as a deterrent to burglars.

"We would recommend taking keys, handbags, etc upstairs when going to bed and keeping them away from windows, doors and catflaps.

"If you have any information or see anything suspicious then call 101, quoting occurrence 1800490453 or alternatively, you can call Crimestoppers on 0800 555 111."

Silver Surfers' sugar treat!

CHRISTMAS came to Pontyclun Church Silver Surfers Club, courtesy of Pontyclun British Sugarcraft Guild.

Each member of the Silver Surfers was given their own individually decorated and wrapped Christmas cake, including members who special dietary requirements who received gluten free cakes, much to the enjoyment of the ladies concerned. One lady said she was "over the moon that she had been thought of."

The members of the Sugarcraft Guild made 53 cakes, in all different styles and some surplus cakes were donated to Women's Aid in Bridgend.

Pontyclun Sugarcraft Guild are a friendly group and new members are always welcome on the second Monday of each month. For further details, contact Sue on 07896 830826.

The next event the group are looking forward to is the Welsh National Cake show, being held in County Hall, Cardiff on Saturday, February 9.

SF

Councillors' concerns at cemetery extension cost increases

THE cost of funding two cemetery extensions in Bridgend county borough has risen by an extra £170,000.

The initial estimate for the extensions to Porthcawl and North Cornelly cemeteries was £360,000 but the total cost has now increased to £530,000 following "further investigation and feasibility works".

At a full council meeting in December some councillors voiced concerns over the rise.

Cllr Ken Watts (independent) described it as a "major error" and called for further scrutiny.

He said: "Here we have a 50 per cent increase in the costs.

"I know it's small figures out of the £211m [total capital programme from 2018 to 2028] but I think a 50 per cent error is worthy of scrutiny."

Cllr Matthew Voisey (Conservative) said: "I'd really like to know who's doing these estimates.

"You employ professionals to do these costs, it's a lot of money."

Officers said the funding allocation in the capital programme was often not a budget and sometimes the amount was based on historic estimates due to the long-term planning of the programme.

Communities director Mark Shephard said: "The estimates don't always have the level of feasibility which makes the costs more accurate.

"In this particular case we commissioned Capita to look at the two cemeteries we are planning to extend. They found a range of environmental issues which are now required and design issues that are necessary to secure planning – all of which add up to a significant increase in overall cost."

He told councillors a lot of the funding for feasibility only became available once the project was in the capital programme.

He said: "In every council I know of there are always variations in the capital programme of this sort of extent – this is not unusual."

Councillors approved the additional funding at a full council meeting on December 19.

Liz Bradfield
Local democracy reporter

Interim Council chief appointed

THE communities director at Bridgend County Borough Council (BCBC) is to become the interim chief executive of the local authority.

Mark Shephard will take over the leadership on an interim basis when Darren Mepham leaves.

Mr Mepham, who joined BCBC as chief executive six years ago is taking on a new role as chief executive for Barnet and Southgate College in North London.

At a council meeting in November council leader Cllr Huw David said the local authority would be advertising nationally for a permanent chief executive in the New Year as this was "the best time of year" to recruit a senior manager in the public sector.

Mr Shephard's first day as the interim chief executive will be Monday, January 7.

He was appointed to the role at a full council meeting on December 19.

Liz Bradfield
Local democracy reporter

Cosmology Corner

HAPPY (belated) Birthday Edwin Hubble.

A quarter century ago in December 1993, NASA held its breath as space shuttle Endeavour with seven astronauts aboard caught up with the Hubble Space Telescope 353 miles above Earth.

Their mission: to fix a devastating flaw in the telescope's primary mirror. Edwin Hubble, for whom the Hubble Space Telescope is appropriately named, was born on November 20, 1889. Hubble's work helped define modern cosmology and our understanding of the Universe.

Less than 100 years ago astronomers believed that our whole universe consisted of just one galaxy, our own Milky Way. It wasn't until the 1920s that Hubble recognised that there are many more galaxies located beyond the Milky Way.

Hubble showed that we live in an expanding universe. Hubble's Law states that: 'The more distant the galaxy, the faster it is moving away from us.' This concept lies at the heart of our understanding of the creation of the entire Universe (space, time and matter) in a 'Big Bang' some 13.7 billion years ago.

Hubble observed stars (Cepheid Variables) that varied in brightness in a fuzzy patch of light known at the time as the Andromeda nebula. At the time astronomers believed that the Andromeda nebula was a region of forming solar systems, located inside the Milky Way. Hubble knew that these variable stars changed brightness in a predictable way that depended on their absolute true brightness. He then measured how bright they actually looked in order to plot their distance.

His announcement that Andromeda was actually more than two million light years beyond the Milky Way, a separate galaxy in its own right, astounded the scientific community. Suddenly, the Universe got much bigger!

Today we know that the Andromeda galaxy is just one of many billions of other galaxies which extend around us in space in every direction we train our telescopes. But was this huge emerging Universe stationary, expanding, or contracting?

Astronomers observed that the light of distant galaxies was shifted toward the red end of the light spectrum. Just as the apparent sound of an approaching train increases in frequency as it speeds towards us (as the sound waves become compressed) and decreases in frequency as it moves away, this red shift was interpreted as a sign that the galaxies are moving away from us (red light being of a lower frequency and wavelength than white light). Hubble compared the distance estimates to galaxies with their red shifts and, in 1929, published his observation that the farthest galaxies are moving away faster than the closest ones.

Back to the telescope which bears his name: after the first images were obtained and carefully analysed following the telescope's deployment on April 25, 1990 it was clear that something was wrong; the images were blurry and NASA convened an independent committee to find the cause of the problem.

After much study the team came to the conclusion that Hubble's eight foot primary mirror had been polished into the wrong shape. The error was smaller than the width of a human hair, but the effect was significant.

On December 6, 1993 Endeavour astronauts installed two pieces of hardware intended to fix the error. The Corrective Optics Space Telescope Axial Replacement corrected for the mirror error in three of the five instruments on Hubble.

The fitting of a second instrument containing four cameras led to Hubble's many breathtaking images which have now transformed our view of the cosmos.

As well as images of exploding stars and nebulae where new stars are born from inside our own Milky Way, the Hubble telescope has provided many remarkable images of external galaxies. The famous Hubble Deep Field image was obtained when, during 10 consecutive days from December 18 to December 28, 1995 Hubble managers pointed the telescope at a single, black, seemingly empty, patch of sky in Ursa Major - and found thousands of previously unseen galaxies!

Norman Lloyd

Appeal for witnesses

SOUTH Wales Police are appealing for witnesses to an assault which took place outside a pub in Bridgend on New Year's Eve.

The assault occurred outside the Railway Inn, Derwen Road, Bridgend, at around 4.45pm.

A 50-year-old man required hospital treatment after sustaining a broken jaw and has since been discharged.

Anyone with any information which could assist officers is asked to call 101, quoting reference 1900003990, or call Crimestoppers, anonymously, on 0800 555 111.

HIGH TIDE TIMES
(UNTIL JANUARY 14)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
10 Thur	08.53	9.1	21.12	8.9
11 Fri	09.29	8.9	21.43	8.7
12 Sat	10.02	8.6	22.23	8.4
13 Sun	10.46	8.2	23.04	8.0
14 Mon	11.34	7.9	23.58	7.8

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

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Cabinet member accuses fellow borough councillors of 'grandstanding' after IT glitch

A NUMBER of county councillors in Bridgend were left "very uncomfortable" when "major changes" to the local authority's capital programme had to be discussed at "short notice" in a council meeting due to an "IT error".

Bridgend County Borough Council's revised capital programme which sets out the funding for the county's biggest investment projects over the coming years went before full council in December.

But the item which needed full council to approve the changes in funding before certain projects could start was not listed separately on the agenda, due to "technical issues" when it was published.

It meant that for the report to be discussed, it had to come under the 'urgent items' section of the agenda, leaving many of the opposition councillors sitting on the council "very uncomfortable" over the lack of time to prepare for scrutinising it, according to Cllr Norah Clarke, the Independent Alliance group leader on BCBC.

She called for the report to be deferred until it had been scrutinised in the corporate scrutiny committee, adding that good governance was not being followed.

The leader of the Conservative group, Cllr Tom Giffard, seconded the request saying the correct processes and protocol had not been followed and, as a result, councillors had not had time to scrutinise the revised programme properly.

Changes in the capital programme which needed approval included an additional £200,000 for the construction of the £10.8m Pencoed Primary School, an extra £170,000 for the planned extensions of Porthcawl and North Cornelly cemeteries (now £530,000), and a further £70,000 for a new classroom at Cwmfelin Primary School (now £235,000).

It also included a capital budget of £1.6m to purchase replacement highway maintenance vehicles including gritters and tipping lorries, and almost £350,000 to buy new computers after a review found 500 desktop computers were over five years old and had no warranty support.

Other projects cost less than expected which meant funding could be used elsewhere.

Cllr Ken Watts (Independent) said he was concerned about the increase in costs of the cemetery extensions, and said the figures were worthy of further scrutiny.

Cllr Ken Edwards (Llynfi Independents) asked the council leader to give assurances there would be more time to consider changes in the capital programme when future reports were published.

Officers said there was "very little change" to the capital programme agreed in February 2018 and the report was simply providing an update and summarising key changes.

Council leader Cllr Huw David (Labour) told councillors they could "effectively scrutinise" the proposals during the meeting.

He said an identical report had been scrutinised by cabinet members the day before and as a result, the report had been available in the cabinet papers for the previous seven days, adding it was the responsibility of every councillor to read them.

He said: "There has been opportunity for members to ask pertinent questions over the last week.

"I do understand the concerns and the monitoring officer has already apologised over the glitch which meant they did not appear on the full council papers."

The-then Chief executive, Darren Mepham, said the urgency provision within the agenda was part of good governance and existed precisely to allow the council to function and do business "in a timely way". Cabinet member Cllr Charles Smith (Labour) called the requests to postpone the report for further scrutiny "grandstanding".

Cllr Jon-Paul Blundell (Labour) said the full council meeting was the place to scrutinise the report, adding: "To put this off and hold the council to hostage is wrong."

Cllr Clarke's request to defer the report was voted down by 26 to 21.

A further debate took place over the funding changes and councillors unanimously approved the revised capital programme as it appeared in the report. The meeting took place on December 19. As it stands, the total revised capita programme until 2028 is £211m. Further discussion will take place when the capital programme is approved in February as part of the annual budget-setting process.

Liz Bradfield, Local democracy reporter

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Further police appeal after fatal collision

SOUTH Wales Police is continuing to appeal for people to come forward with information or footage following a fatal collision in Ogmore Vale.

David Blinman, 88, died at the scene after he was in collision with a lorry at the junction of Blandy Terrace and Railway Terrace at approximately 1.15pm on Friday, December 28.

Paying tribute to him, his family said: "For more than 65 years, he lived in and loved his Ogmore Vale, where his two children Jeffrey and Catherine were born and resided.

"He was grandfather to four grandchildren and four great-grandchildren, who loved him dearly.

"In his life, David loved his snooker and often placed bets on the horses.

"He will be sorely missed by his family and friends."

ABOVE: David Blinman – police are continuing to appeal for information following a fatal collision.

A/Insp Gareth Morgan, from the Roads Policing Unit, said: "We are continuing to investigate this collision in which a much-loved family man lost his life.

"We are keen to hear from anyone who saw Mr Blinman or the Volvo lorry in the moments before the collision, or indeed the collision itself.

"We'd also like to hear from anyone who may have captured the incident on a dashcam, CCTV or mobile phone."

Anyone with any information that could assist should contact 101, quoting occurrence 1800488254.

South Wales Police

Good Samaritans sought after Christmas Eve assault

SOUTH Wales Police is appealing for witnesses following an assault and theft that took place on Bethania Street, Maesteg, between 2am and 3am on Christmas Eve.

A 22-year-old male was assaulted and his wallet was stolen.

A force spokesperson said: "We would like to speak to two witnesses in particular who helped the victim at the scene and may have further information. The two males have been described as in their late 30s to early 40s, one bald male wearing a black coat, and a male wearing a peaked cap and a brown jacket."

If anyone has further information on the incident or is able to identify the witnesses, contact us on 101 or Crimestoppers anonymously on 0800 555 111 quoting occurrence 1800484147.

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A 'living remembrance' in Coity playing field

AS part of its programme to commemorate the 100th anniversary of the Armistice, Coity Higher Community Council has placed a village playing field in trust under the Fields in Trust 'Centenary Fields' initiative.

By dedicating land through the Centenary Fields programme, local authorities and other landowners can ensure green space is protected as a living remembrance to those who fought and lost their lives in World War One.

The Coity village playing field, located next to St Mary's Church, has been renamed Cae'r Eglwys and in addition to establishing a living memorial, will ensure that it is protected from development in future years.

In addition to placing Cae'r Eglwys in trust, the community council has refurbished the railings around the war memorial at Heol yr Ysgol, painted the bench next to the memorial and Coity Ward Borough councillor, Amanda Williams, arranged for the section of footway in front of the memorial to be renewed.

AS

Mermaids frolic at Ogmore!

Christine Ingram and her friends went in the sea dressed as two mermaids and Ursula the Sea Witch for the Awareness for Down's Syndrome charity.

THE New Year's Day swim with Pen y Bont Surf Lifesaving Club which took place at Ogmore by Sea was organised with much positivity and friendliness.

Their little friend Rupert, who will turn one this year, has had a tough year and to celebrate the new year, they decided a dip would mark the occasion perfectly.

Christina Ingram

Air Cadets take to the skies

THREE Kenfig Hill RAF Air Cadets, Cadet Harleen Chaudry, Cadet Ramneet Chaudry and Cadet Owain Pugh, went to MoD St Athan for Air Experience Flying recently.

After completing mandatory safety video and checks, they were kitted out ready for their 30 minute flight and the weather held for all three cadets.

Cadet Ramneet Chaudry successfully qualified for his blue wings and was awarded his badge at No1 AEF.

Flight Sergeant Peckham, who was in charge of the cadets on the day, thanked their schools and No1 AEF for the time and effort spent in getting them up in the skies.

After Christmas, Cadet Corporal Morgan Griffiths, Cadet Morgan Baker and Cadet Jordan Harris, carried out ground training at MoD St Athan on the Partial Task Trainer (PTT), a flight simulator in a cockpit environment that gives the cadets an understanding of how aircraft moves when in flight.

Cadet Baker completed the tasks, including approach and landing, and now needs to complete the flying element to obtain his blue badge.

Both Cadet Corporal Griffiths and Cadet Harris are working towards their bronze badge level and both completed the more advanced lessons in taking off, flying a circuit and landing. To obtain the bronze badge, Cadet Corporal Griffiths has to complete the flying element, but Cadet Harris, having successfully completed it previously, was awarded with his bronze badge.

It was a good way to end a busy year for 2117 (Kenfig Hill) Squadron RAF Air Cadets and the group is looking forward to an equally busy 2019.

Lindsay Thomas, CWC Secretary

Club's Christmas efforts go to help those less fortunate

THE Rotary Club of Bridgend wishes the people of Bridgend a very Happy New Year and thanks all who have given most generously to the club's Christmas charity collections.

Once again, the club has used Christmas to raise funds to assist those who are less fortunate or in need in the Bridgend area and all the money the club collects at Christmas time is used to support local causes and charities.

The club would like to thank Sainsbury and Tesco stores for their assistance in providing stabling for the sleigh and reindeer during the collections.

The Singing Santas and friends in the Bridgend Male Choir (assisted by a number of elves who were given the night off) performed their own blend of Christmas songs and carols in numerous restaurants and hostelries across the borough. The Santas' gift of their time and the support they receive from the people of Bridgend actively reflects the true meaning of the festive season.

Alan Reeks

Lions' boxing day run

AN event which started out from humble beginnings, and is now a fixture in the Porthcawl festive calendar, has again broken entry records.

With 370 runners starting the annual run, the charity event raised over £1,700 for good causes supported by the Porthcawl Lions Club. Club president Rhys Lewis was on hand with Town Mayor Cllr Norah Clarke to present the prizes to the winning runners.

Mr Lewis said: "I want to thank all the runners, marshals, the Hi-Tide and Cllr Clarke for supporting this event. For all the support we have received throughout the year, we are very grateful."

The Lions' 2019 season of activities starts on January 29 with its Burns Night supper to be held at the Hi-Tide Inn. For more information, and to purchase tickets, contact Aileen on 01656 784489.

WI members pay a visit to the ballet

MYNYDD Cynffig WI went to Cardiff on December 20 to see the ballet *The Snow Maiden*, with help from the lottery grant.

Some went shopping, others headed towards the restaurant of their choice. After lunch, we headed to St David's Hall for the 2pm matinee performance, it was well attended and we were not disappointed.

It was a beautiful ballet; the sets and the costumes were gorgeous, all in all a great experience and enjoyed by all.

CC

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Porthcawl Town council counts the cost of taking over public toilets

PORTHCAWL'S town centre toilets have closed until further notice under cost-cutting plans by Bridgend County Borough Council (BCBC) – leaving Porthcawl Town council counting the cost of re-opening them.

The John Street toilets, which are in a Grade II listed building, closed at the start of the New Year. It was the latest chapter in a long-running saga, and it surprised the town council, who thought the toilets were safe until the end of this financial year, at the end of March.

Carl Hale, who owns a tanning shop opposite the toilets, said he counted more than 1,000 people on Wednesday, January 2, trying to use them in just a few hours.

He said: "I thought I'd have a look and see as I was sat in the window. I was noting down the numbers in tallies of five.

"Up until 2pm there were over 1,000 people. They would push the door and then read the sign.

"There were quite a few people in wheelchairs as well.

"It's not even that busy in the town centre as it's January – come March-time those numbers are going to triple."

He added: "The problem is the older people – some are on water tablets for example and have to make frequent visits.

"If they can't go to the toilet they're not going to come and shop in the town, they're going to go somewhere else where they can."

Thousands of people signed a petition in September against the plans with a protest outside the toilets taking place in October.

In June BCBC announced the toilets in Porthcawl – and Maesteg and Bridgend – may close because of the need to make savings.

It said the only way to save the John Street facilities was if Porthcawl Town Council took charge of them under the Community Asset Transfer scheme.

A BCBC spokesman confirmed the toilets had closed along with those in Griffin Park, Cheapside in Bridgend, and at Maesteg Bus Station.

He said: "Although the facilities closed this week we are working with Porthcawl Town Council to develop an agreement for them to operate both the John Street and Griffin Park toilets.

"We're anticipating that this agreement should be in place by February 1 and the town council will then decide a suitable date for the toilets to re-open as soon possible after that date.

"Additionally, the toilets under the Grand Pavilion were recently re-opened by Awen and the town council, while The Pier Hotel has become the latest local business to sign up to the council's comfort scheme which enables members of the public to use their toilets."

Porthcawl town councillors have previously expressed their anger at the closure because of the "short notice" they were given to prepare for the asset transfer.

Cllr Mike Clarke leads the independent alliance that controls Porthcawl Town Council (PTC), and also represents Nottage on BCBC. He said: "Once it became clear that BCBC was in fact going to walk away from January 2, Porthcawl Town Council unanimously agreed at its December meeting to mobilise contingency plans.

"The town council and BCBC have agreed that the John Street toilets will be opened and run by the town council under a 'license to operate' agreement which BCBC is currently developing and hopes to have ready by the end of January 2019.

"We are also exploring options for an informal agreement to minimise the disruption this is causing our town.

"The toilets will be open again as soon as possible."

However, town councillors feel they have been pressured into taking over the cost of providing toilets – something that has always been the responsibility of BCBC.

Cllr Mike Clarke said: "This has been brewing since 2016. The first instance was when, due to the plan to build a watersports centre at Rest Bay – something welcomed in Porthcawl – BCBC decided to abandon toilet provision during the construction period.

"The old building had toilets, as will the new one, but PTC had to step in and contribute to the cost of temporary toilets. The estimated cost of that is £12,800.

"Then, BCBC said it would close the small toilet block at Griffin Park unless PTC took over the building. We did, but soon discovered that it was in a very poor condition – and it may have to be completely rebuilt.

"We will stand by that, but it means that there will be pressure on the precept that Porthcawl residents pay."

Town Council precepts often cause confusion. The biggest element of any council tax bill goes to BCBC, but there is also a South Wales Police precept (currently around £130) and a town council precept (Porthcawl's is £50.88).

Cllr Clarke said that the Griffin Park episode had meant that PTC simply could not take on the financial responsibility for John Street toilets without a full survey being conducted into its condition.

He continued: "At the very least, a considerable refurbishment is due. PTC has made provision for this situation, so it should not impact on this year's precept, but as it costs BCBC £60,000 per annum to run the John Street Toilets, it will have an impact on future years."

He said that PTC, under the licence to operate, would be putting the cost out to tender for contractors to run John Street and Griffin Park, and that a 'pay on the door' option was being considered.

He said: "The situation should ease when the Maritime Centre is built at Cosy Corner. That will have public toilets, and also two 'changing places' toilets for people with a disability.

"The town council is also working with Awen Cultural Trust to open the toilets under the Grand Pavilion."

Philip Irwin (GEM)/Liz Bradfield (Local democracy reporter)

Rugby club receives defibrillator donation

AS Maesteg Rugby Club allows the local Rotary club to use their ground for their annual fireworks display, they made a decision this year to donate a defibrillator to the rugby club.

Although we hope it is never needed we felt that with the number of people – players, supporters and various other clubs – visiting, this would be a valuable piece of equipment to have.

President Robert Davies is pictured presenting Darren Farmer with the defibrillator, also in the picture is chairman of the rugby club Tim Brimble and past presidents of the Rotary club Gwynfor Phillips and Talfyn Harries. **AS**

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

• Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

'Drilling down exposes the financial flaws in hot-water scheme'

IN last week's GEM, on one of the pages the reader's eye was drawn, firstly, to a photograph of all the usual suspects i.e. various BCBC councillors, an MP and assorted Labour party representatives, standing in a group as if they had just discovered a diamond mine or the like on the side of a Maesteg hillside.

But no: the reason for this celebration became clear on reading the associated article on the same page. It transpired that a discovery had been made of underground water that had been heated to a small extent by its location in old mine workings.

This groundbreaking discovery means there is a possibility that with this warmed water, with further experimentation and a large investment mainly funded by taxpayers' money (£400,000 BCBC council tax), totalling over £6 million, it would be possible to reduce the fuel bills over a period of time by up to £120 per annum on up to 1,000 households in this area.

At this rate of savings made it would take 50 years for the original investment made to be repaid without any further ongoing costings.

This is also a week where there have been other revelations in the area; namely that all the public toilets in the main tourist resort of BCBC Porthcawl and other areas of the borough have been closed until further notice because of associated costs in keeping them open. It has been suggested that up to a thousand persons a day were left in distress because of these closures in Porthcawl alone.

These two events, although completely unconnected, together with the undoubted council tax increase to be decided which is predicted to be one of the highest in the UK speaks volumes concerning the administration of this council area.

Ian Hampton, Maesteg.

Reader says 'local MP has ignored constituents' wishes on Brexit'

IN 2016, the constituents of Bridgend voted to leave the EU along with the majority of Welsh voters.

Bridgend MP Madeleine Moon I thought was supposed to represent her constituents. That thought was blown out of the water when she refused to sign Article 50, allowing the United Kingdom Brexit to take place.

This, after her own Labour Party were in favour of signing it. Not only did Mrs Moon go against her party wishes, what was worse was she ignored her constituents' wishes. Mrs Moon would appear to know how her constituents should vote.

If it is not how she wants, then she will ignore it. She has now, along with other MPs, urged her leader Jeremy Corbyn to have a vote of no confidence in Theresa May and her Government.

Perhaps there should be a vote of no confidence in Madeleine Moon at the next general election. If all local Labour candidates are of the same persuasion as their MP, then

I would suggest the vote of no confidence should be extended to them in the local elections.

I am not a member of any political party, so have no agenda in what I have stated here. A democratic vote was made in 2016 and instead of trying to alter the result, by any means, as Ms Moon appears to be trying, she should accept people's choice and move on.

L Roberts, Brackla.

Has Bridgend MP been 'throne' by loo funding?

I was pleased to read recently of the proposed solution from Porthcawl Town Council to the lack of public lavatory provision as a result of budget cuts to BCBC from Welsh Labour Government.

While I am not going to dwell on any solution regarding funding to keep these much-needed facilities open, I have noticed a very silent voice in this matter.

Madeleine Moon, MP for Bridgend Constituency, does not appear to have made any public statement about the looming cuts to Bridgend County's loos.

Yes, she tweeted a petition last year in support of Changing Places provision, something I have campaigned successfully on, with the provision of a Changing Place facility, opened before her tweet, in Halo Leisure Centre in Bridgend. Maybe she didn't know that this facility was there.

Mrs Moon has also campaigned for the UK Government to cut business rates for high street businesses that open their toilets for use by the public. Perhaps Mrs Moon doesn't know that business rates are a devolved matter and to call for them in England is one thing, to call for them when your own party is in power in Wales might be another.

Mrs Moon has not made a peep of noise in support of keeping the public loos across Bridgend open and accessible. From someone who chairs the All Party Parliamentary Group on Kidneys, you'd think she'd have had a little more than nothing to say on the importance to public health for residents in her constituency to have access to clean public toilet facilities.

Cllr Carolyn Webster, Newcastle ward, Bridgend County Borough Council.

'A Christmas good deed...'

I know that many people go out of their way at Christmas time to remember and help those less fortunate than themselves.

However, I would like to mention the actions of a young friend of mine and her daughter.

On Christmas Eve, she took Christmas dinners out onto the streets of Bridgend, complete with hot gravy, and found nine homeless rough sleepers who were in need of a good hot meal.

In addition, each recipient was given a Christmas card made by her daughter, who attends a Bridgend primary school.

It is worth mentioning that my friend found time to do this, despite being very busy herself, travelling to Cardiff most days from Bridgend as she continues her training as a nurse.

It was a wonderful example of a mother and daughter remembering what is important about Christmas.

Olivia Obaid
Bridgend

Maesteg PACT

THE dates of PACT meetings have been amended for the following wards!

Bettws PACT meeting, Thursday, January 17 at 2pm in Bettws Life Centre and Blackmill PACT meeting on Monday, January 28 at 6.30pm in Blackmill Community Hall.

For your latest news - glamorgan-gem.co.uk

Registry office and reference library might move, but not all are happy with the idea

THE registrar's office in Bridgend is likely to move into the council's civic offices after an increase in the number of wedding cancellations was put down to building work taking place on a neighbouring site.

Ty'r Ardd, a former day centre, was converted in 2011 to house both the registrar's office and the reference library.

A report which went before councillors on December 19 said that as construction increases on the Sunnyside site – where a housing development and medical clinics are planned – the number of weddings taking place at the registry office is likely to drop even further, risking the financial viability of the service.

Speaking at the full council meeting, communities director Mark Shephard said: "We need to look fairly urgently to preserve the service. The current site is effectively in the middle of a building site and there will be no dedicated parking space potentially for a while. We are already losing bookings.

"The initial proposal involves looking at relocating the registrar's office to the civic offices though it doesn't have to be the final site. There is a large multi-storey car park opposite the civic offices."

Officers said there was currently a significant commercial interest in the land and Ty'r Ardd building.

The council says the registrar's office could be accommodated on the ground floor of the civic offices.

A remodelling of the area, which would include a patio area for wedding photos, is set to cost around £275,000.

It would be funded through the sale of the land which is expected to be "significantly more" than the cost of the works.

Mr Shephard said the council was in discussions with Awen Cultural Trust about the relocation of the reference library.

He said the long-term intention was to move it to the redeveloped Maesteg Town Hall.

He told councillors: "If the registrar's office did move to the civic offices that wouldn't take place until later in 2019 so there's a little bit of time to sort out where the reference library goes in the short term."

The Leader of the Independent Alliance on BCBC, Cllr Norah Clarke, said: "I am disappointed that the registrar is moving from Ty'r Ardd but can also understand that with all the construction works that will be taking place with the new development, people wouldn't wish to marry at the venue.

"I know that consideration is being given to the registrar moving into the Civic Offices. I would hope that more consideration and thought is given to this and a more suitable venue for weddings etc. is found within Bridgend Town.

"The reference library, again, I believe should be kept within the county borough's main town of Bridgend.

Cllr Carolyn Webster, Conservative councillor for the Newcastle ward in which Ty Ardd is located, said: "Whilst I support BCBC's programme regarding rationalisation of its property, I have concerns regarding moving the registry office.

"Although fit and healthy residents, who might be visiting a wedding will find that parking in the Rhiw Multi Storey Car Park meets their needs, perhaps those registering the birth of a new baby or registering the death of their next of kin might find that the parking is not suitable."

She added: "Bridgend town centre is the central hub for public transport in the borough. That must be an important consideration before any relocation of the reference library."

Philip Irwin (GEM staff) and Liz Bradfield (Local democracy reporter)

'Busiest year ever' for the Porthcawl RNLI

Photograph by Steve Jones/RNLI.

PORTHCAWL lifeboat crews launched their lifeboats 120 times in response to incidents during the year.

Casualties varied widely from surfers, windsurfers, broken down vessels and persons cut off by the incoming tide.

Deputy Launch Authority, Stephen Jones, commented: "2018 was our busiest year ever for shouts and there appeared no common reason for the high numbers of incidents. Even the hot summer weather alone could not be blamed.

"Besides being on standby 24/7, for 365 days of the year our volunteer crews' train each Sunday morning and Wednesday evening to build and maintain the skills required to meet casualty needs.

"Recently 12 crew attended an intensive three-day first aid and casualty care course held at Porthcawl; all 12 were successful and received the relevant RNLI certificates'.

Phil Missen, Lifeboat Operation Manager said: "As always, we have worked with other emergency services on many of our launches and this teamwork is essential in helping those who find themselves in danger on our beaches or at sea.

"As a busy station we are always having to review our personnel needs and I would encourage anyone interested and living in Porthcawl to view our website, www.porthcawl-lifeboat.co.uk for details of becoming a RNLI volunteer'.

Lucky winner of Rotary club's hamper prize

Sandra Paget receives her prize hamper.

AS part of last year's Porthcawl Rotary Christmas Tree Festival in All Saints' Church, Jean Schofield put together four Christmas hampers from donations by the members of Rotary in Porthcawl.

The hampers were raffled and the winner of the first prize hamper was Sandra Paget of Porthcawl.

As you would expect, Mrs Paget was delighted that she had won. Congratulations to all the winners and we would like to thank the public for their continued support of the Porthcawl Rotary Club.

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Company digs deep to help hospice garden project

SOUTH Wales business Neal Soil Suppliers (NSS) worked closely with Costain to refurbish the memorial garden at Ty Hafan children's hospice, which was completed late 2018.

NSS supplied its expertise by removing and managing waste materials from the site.

In 2015 Costain were approached by Ty Hafan about supporting a major project at the hospice involving the re-design and refurbishment of an established memorial garden.

In order for this project to be successful, Costain required a number of partners, one being NSS.

As Costain came close to completing the memorial garden, the volume of waste soils, wood and other materials had increased to a larger than expected volume. Costain approached Neal Soils to explain the charitable work they had undertaken to date at Ty Hafan and asked if they would be interested in providing a price for the removal and management of the waste materials.

When NSS understood the history of the project, they were happy to join the team and offered to collect, haul and manage the waste materials free of charge.

Liam Neal, commercial and contracts manager of NSS, said: "We were delighted when Costain asked us to be a part of this project. Ty Hafan is a fantastic local charity and the garden will provide a peaceful space for bereaved family and friends to remember their loved ones."

Mr Neal added: "It was an honour for Neal Soil Suppliers to be involved and I hope that the garden will be enjoyed by both the children and their families in the future."

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Paul and Shane at school of hard knocks

RIGHT: Paul Watkins and Shane Williams tried out wheelchair rugby and discovered it has its own brand of big collisions.

FORMER rugby player Paul Watkins heads for Everest base camp in April in a bid to raise funds for the 'Wooden Spoon' charity.

Paul, who lives in Rhoose, and former Welsh rugby legend Shane Williams were keen to learn about the sort of help the charity provides for young people.

Paul explained: "Shane and I went to Southampton and played wheelchair rugby with Solent Sharks. It is a pretty brutal sport with big collisions. Shane and I had a tough time.

"Wooden Spoon pays towards the wheelchairs which cost between £3,000 and £4,000 each. Wheelchair rugby encourages youngsters with disabilities to get involved in the sport and have a great workout.

"There were great people there who use the sport to get on with things, despite their disabilities."

He added: "The Everest challenge is getting close and we will soon start training in oxygen limited chambers."

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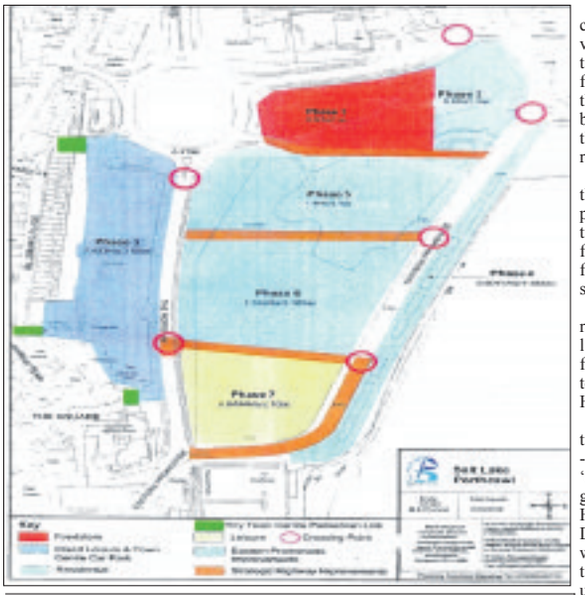
Civic Trust Society dismisses council's latest Porthcawl regeneration plans



However, under the civic trust proposals, very little land is being treated as 'available for development' and the two areas designed by BCBC to kick start the process have been ruled out by the society.

Under BCBC's plans, the two areas marked as phases 1 and 2 (see illustration) were intended for a Lidl or Aldi-sized food store (phase 1) and some housing (phase 2).

BCBC said that money raised by making the land available for the foodstore would be used to resurface and improve Hillsboro Place Car Park.

However, the civic trust wants the store - which they see as a 'convenience store' – to go at the other end of Hillsboro Car Park, near Dock Street. The trust wants it to be "architecturally interesting", unlike the functional design favoured by most food stores.

BCBC envisaged the Dock Street site as a possible spot to persuade a 'budget hotel' to open up - although officers were cautious about when this might be possible. The trust, in contrast, wants the hotel to go on the phase 1 site.

The biggest element of BCBC's plan, three or four storey apartments along the Eastern Promenade facing out to sea, is rejected out of hand by the trust. If houses are to be built, says the trust, they should go, eventually, on Sandy Bay – although the trust says that this may take some time.

Cllr Charles Smith, the BCBC Cabinet Member for Education and Regeneration, gave a neutral response, saying: "It is our intention to engage with a wide representation of individuals and organisations to work towards a sustainable development which we can all feel proud of handing on to future generations. I would like to thank the society for their input which will be considered along with comments from others as part of the engagement process."

The full text of the Porthcawl Civic trust letter is as follows:

Following the meeting held at the Y Centre on November 19, it must now be clear that the residents of Porthcawl, while wanting to get on with the job, have no appetite for the regeneration proposals put forward by BCBC.

As a society, we had hoped that BCBC would come up with some new, exciting and imaginative plans for the regeneration of the town but, in essence, the proposals put forward by BCBC are, we understand, very similar to the plans previously put forward by the Evans' families - plans which BCBC had previously found unacceptable.

We would, therefore, urge BCBC to go back to the drawing board and produce ideas that will be acceptable to residents, make the town somewhere that people really want to visit and generally promote Porthcawl as a premier seaside resort.

The society is putting forward some ideas for consideration.

As stated at the town meeting, while some of our members would welcome a second 'convenience store', others are concerned about the adverse effect this would have on the town's current retail outlets.

Whether patronised by local residents or people living in the surrounding areas, we suspect that many, probably most, shoppers will simply drive to the new store, do their shopping and drive away again. The town council and chamber of trade have already expressed concern about the drop in footfall in John Street and in order to increase any prospect of the town benefitting from the new store, it must be based as near to the town centre as possible.

Hence our suggestion that, if there is to be a new store, it should be based at the end of Dock Street.

There seems to be no adverse reaction to the existence of a new hotel in the town though Porthcawl really deserves something more than a budget hotel. This can be placed at the northern end of Salt Lake and must be designed in such a way that it is a welcoming sight to people visiting the town. First impressions are important and can make all the difference to the perceptions that people form.

As well as the need to ensure that any hotel is designed to add interest to the town's build environment, so will be the need to ensure that the design of any convenience store is in line with the existing architectural character of the part of the town where it is likely to be built. Many supermarket firms seem to favour a basic, shed like design which has little architectural value and firm conditions should be set regarding the quality of the design.

As was demonstrated at the town meeting, the main area of concern is the proposal to urbanise Salt Lake. The society recognises the need for housing but suggest that all BCBC's efforts should be concentrated on the development of Sandy Bay for this purpose. We understand that there may be some difficulties with access but, even if it results in delays to the other aspects of the town's regeneration, we believe that those delays would be worthwhile. The town has waited for over 40 years for regeneration to take place and it would be better to wait a little longer to get it right, rather than lose an asset as important to the town as Salt Lake. The town deserves more from what is a prime waterfront site.

We suggest that Salt Lake should be split into two parts with part being used for car parking and the major part being landscaped and used as an amenity area for all comers. In the fullness of time, it may be possible to further develop the amenity area to make it a more attractive place for both residents and visitors to the town.

It may, for example, be possible to have a bandstand, fountains, works of public art, an area to hold open markets and even a boating lake as well as a 'leisure' building. The possibilities are endless and residents should be given the opportunity to put forward their own ideas. Meanwhile, just the process of grassing over the area would make it more aesthetically pleasing than what's there now.

Make no mistake, with more housing comes the need for more services and improved transport and infrastructure. As we have said in the past, a light railway linking Porthcawl with Bridgend or Pyle would be the ideal solution and we suggest that increased efforts should be made to see whether this is a possibility rather than the lip service as is presently the case.

At present, Porthcawl is punching above its weight and it needs vision and drive if it is to attract new visitors and make the town prosper. A plan along the lines set out above would give everyone what they want and what the town needs.

The town would have its supermarket and hotel, the car parking problem would be largely overcome, residents would have their amenity area and BCBC would meet its housing requirements.

In addition, Porthcawl would become a more attractive place to visit and, as a result, the town's businesses would benefit.

We would be happy to discuss these plans with you at any time.

RNLI targeted

CONTINUED FROM PAGE 1

Aileen Jones, deputy launch authority at Porthcawl RNLI, said: "Our volunteer lifeboat crews risk their lives to save others at sea and a deliberate act like this makes their job more difficult and puts them at increased risk.

"Visibility was poor because it was dark and the laser light would have seriously affected the night vision of the crew.

"The incident was reported by the crew to UK Coastguard and anyone with further information should contact South Wales Police."

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I give notice that the following applications have been made. The application documents can be viewed during normal office hours at the Civic Offices, Angel Street, Bridgend CF31 4WB or on the planning page of the Council website. Anyone who wishes to make representations about these applications on land use planning grounds should write to the Council at the above address by the date specified under each category of application or submit their comments online. Observations received on applications are not acknowledged. Any representations submitted will be open to public inspection and objectors/supporters may be identified on the internet. The Development Control Committee operates public speaking arrangements. If you wish to register an intent to speak at Committee (should the application not be processed under delegated powers) please indicate in your response. For more information tel: 01656 643675.

Yr wyf yn hysbysu bod y ceisiadau canlynol wedi cael eu gwneud. Gellir bwrw golwg ar ddogfennau'r ceisiadau yn ystod oriau swyddfa arferol yn y Swyddfeydd Dinesig, Stryd yr Angel, Pen-y-bont ar Ogwr CF31 4WB neu ar y dudalen gynllunio ar wefan y Cyngor. Dylai unrhyw un sy'n dymuno cyflwyno sylwadau ar y ceisiadau hyn ar sail cynllunio'r defnydd o dir ysgrifennu at y Cyngor at y cyfeiriad uchod erbyn y dyddiad a nodir dan bob categori ceisiadau neu gyflwyno'i sylwadau ar-lein. Ni anfonir cydnabyddiaeth yn dilyn derbyn sylwadau ar geisiadau. Bydd unrhyw sylwadau a gyflwynir ar gael i'r cyhoedd eu harchwilio ac mae'n bosib fydd enwau gwrthwyriebwyr/cefnogwr ar gael ar y Rhyngrwyd. Mae'r Pwyllgor Rheoli Datblygu'n gweithredu trefniadau i aelodau o'r cyhoedd gael siarad. Os ydych yn dymuno nodi bwriad i siarad yn y Pwyllgor (os na fydd y cais yn cael ei brosesu dan bwerau wedi'u dirprwyo), nodwch hynny yn eich ymateb. I gael mwy o wybodaeth ffoniwch 01656 643675.

TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (WALES) ORDER 2012

P/18/1013/OUT Proposed detached dwelling—Woodstock Stud, Mountain Lane, Llangeinor by Mr W Saunders

The above proposed development does not accord with the provisions of the development plan in force in the area in which the land to which the application relates is situated.

RESPOND BY: 23/01/2019

TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (WALES) ORDER 2012

P/18/1003FUL Demolition of existing potting sheds, greenhouses & structures & construct a 8500sqm science, technology, engineering, arts & mathematics (STEAM) academy building with public realm, landscaping & associated works—Bridgend College, Pencoed Campus, Penybont Rd, Pencoed by Bridgend College

P/18/1006/FUL Residential development of 135 dwellings & associated infrastructure—Former Ysgol Bryn Castell site Llangewydd Rd Bridgend by Persimmon Homes West Wales

P/18/1014/FUL Proposed realignment of access track approved under application ref P/05/985/FUL (Affecting Footpath 9A Laleston)—Parcau Isaf Farm, A48, Stormy Down to the Redhill Roundabout Stormy Down by Mr J Mathias

RESPOND BY: 23/01/2019

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 LISTED BUILDING CONSENT

P/18/991/LIS Installation of stainless steel panel 45cm x 60cm to the inner harbour wall—Inner Harbour Wall, Porthcawl Harbour, Porthcawl by Bridgend County Borough Council

RESPOND BY: 30/01/2019

Mark Shephard Corporate Director Communities / Cyfarwyddwr Corfforaethol-Cymunedau 10/01/2019

STOP THE DESTRUCTION OF COWBRIDGE'S CHARACTER!

Object to the Plans for the Old Sixth Form Site

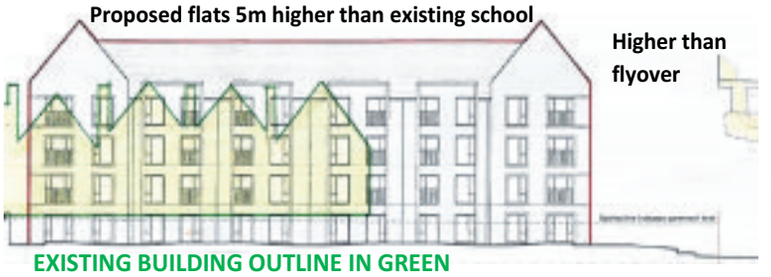
Planning Application 2018/01408/FUL

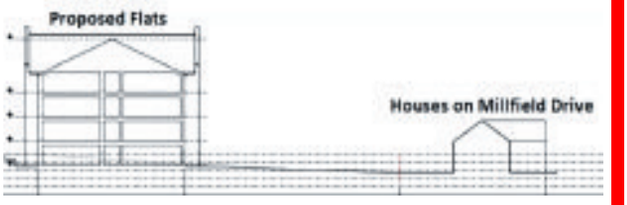
Hafod Housing Association, a social housing landlord, have applied to:

- **DEMOLISH THE OLD SIXTH FORM BUILDING ON ABERTHIN ROAD**
- REPLACE IT WITH **48 SOCIAL RENTAL UNITS** made up of:
  - **5 three storey houses** and a
  - **4 storey block of flats**: 31 one-bed and 12 two-bed flats

WHY OBJECT?

- **THE DENSITY OF THE DEVELOPMENT** is considerably higher than outlined on the Local Development Plan which calls for 20 dwellings on this site, not 48 as proposed.
- **THE DEVELOPMENT'S SCALE AND CHARACTER** is not in keeping with the two storey houses immediately neighbouring the site or within the context of a rural town like Cowbridge. The block of flats will be **5m higher than the existing building and higher than the flyover.** It will tower over surrounding houses
- **INSUFFICIENT PARKING PROVISION** for the development and an inadequate assessment of the impact of additional traffic on Aberthin Road
- **LOSS OF AN HISTORIC BUILDING AND DESTRUCTION OF A YEW TREE.**



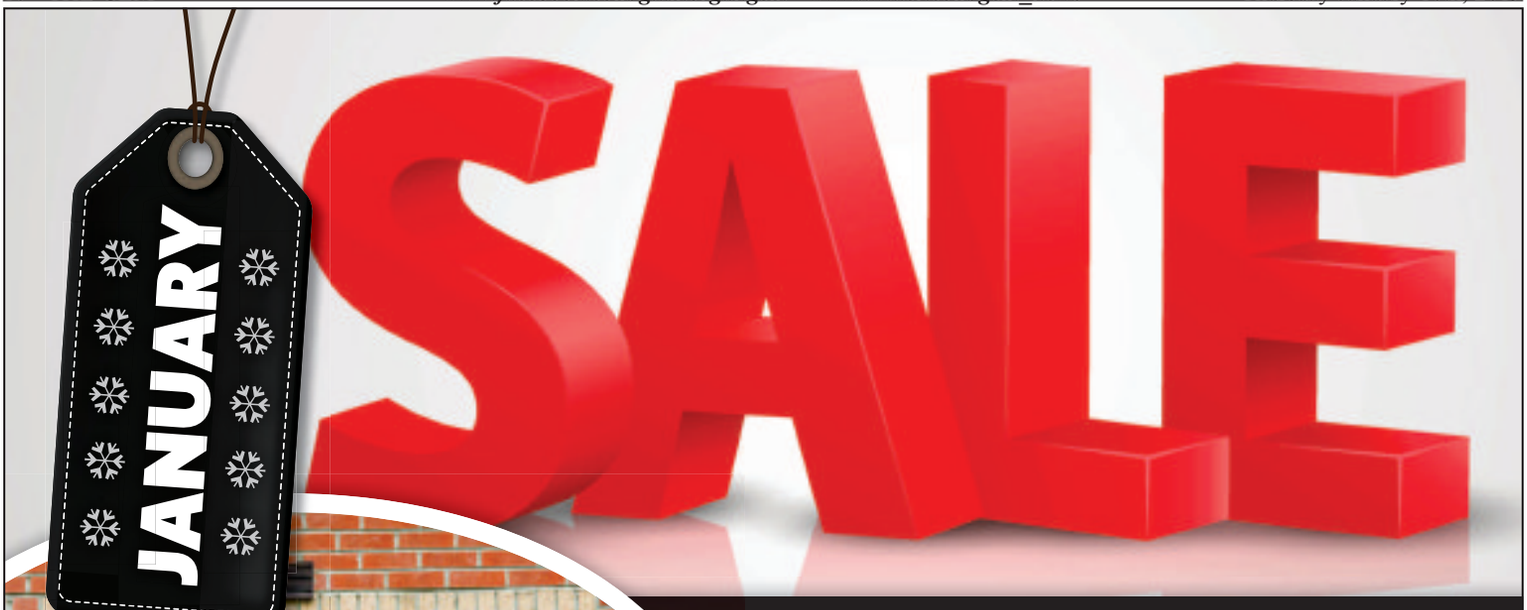


HOW TO OBJECT:

1. **OBJECT DIRECTLY TO THE PLANNING DEPARTMENT: DEADLINE 24TH JANUARY**
   By email: developmentcontrol@valeofglamorgan.gov.uk Quote ref 2018/01408/FUL
   By post: Head of Planning and Transportation, The Vale of Glamorgan Council, Civic Offices, Holton Road, Barry CF63 4RU
   Online: http://vogonline.planning-register.co.uk/plancomment.aspx?AppNo=2018/01408/FUL
2. **SIGN THE PETITION at www.change.org Search for 'Aberthin Road'**
   We will be also be in Cowbridge town from 10am-4pm on Saturday 12th and 19th of January if you wish to sign in person

e: oldsixthform@gmail.com
Old Sixth Form, Aberthin Road
@oldsixthform

Posted by Residents of Aberthin Road and Millfield Drive



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Bereavement service is launched by local hospice

A SPECIALIST bereavement service for families who are dealing with the grief of losing a child is being launched at Tŷ Hafan, thanks to a £20,000 grant from South Wales Freemasons.

Tŷ Hafan, based in Sully, offers support and care to life limited children, young people and their families throughout Wales.

The grant from South Wales Freemasons comes through the Masonic Charitable Foundation, funded by Freemasons and their families and friends across Wales and England.

The bereavement service will be based in a specially designed summer house near the hospice's memorial garden. Hannah Williams of Tŷ Hafan said: "It will allow us to extend the care and support that families so desperately need by creating an appropriate dedicated therapy space and recruiting a pool of experienced, specialist therapists who can offer a service based on individual need."

Robert Payne, the charity officer of South Wales Freemasons, said: "This is a hugely important project that will support people at their most vulnerable time."

Brad Watson's son Archie was referred to Tŷ Hafan in 2013 and died when he was two and a half.

He said: "As a father who has lost a child, it's not easy. Coupling a visit to the garden to remember, plus having the opportunity to talk in an environment where there is total comfort will be incredible for the wellbeing of those who need this."

AS

'Underweight' seal pup rescued from Vale beach

AN underweight seal pup, which, reportedly, was found exhausted and with an injury under its chin, was rescued from the beach between Aberthaw and Gileston just before Christmas.

The rescue took place on December 22 and the seal was then transferred to an animal charity centre in England that evening for a "period of rehabilitation".

Quilters' meeting

THE monthly meeting of Glamorgan Quilters takes place on January 12 at Ystradowen village hall from 10am – 2pm.

This month features members' demonstrations and a bring and buy 'stash' sale. Guests welcome for £5 charge. Why not try something new for 2019, we are a friendly, helpful and supportive group from all over Glamorgan with a common interest in quilting and sewing.

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Eleven French bulldogs stolen from Barry house

Five of these dogs were stolen, but not the black one.

SOUTH Wales Police is appealing for information after a burglary in Barry in which 11 French bulldogs were stolen.

The burglary took place in Hillary Rise, Barry, on January 4, at around 9am.

Eleven French bulldogs were taken which included five adults and six puppies. The stolen dogs were three lilac and tan adults (one male and two female), one sandy coloured female adult, one white female adult, as well as three white puppies (one male and two female) and three lilac and tan puppies (one male and two female).

A blue Mercedes E220 convertible index number KV15 YYX was also stolen along with a large quantity of cash and two-high value watches.

The watches stolen were a stainless steel men's Cartier watch from the Ballon Blue de Cartier range and a stainless steel men's Hublot Big Bang Aero watch with a dark leather strap.

Detective Constable Stephen Jenkins said: "Needless to say the owners of these dogs are devastated.

"This is a heartless crime and we have concerns for the dogs' welfare.

"We are appealing for anyone who may have been offered any of the dogs or items for sale to come forward. Anyone with any information is urged to contact us via 101 quoting reference 1900004131 or you can call Crimestoppers anonymously on 0800 555 111."

Officers hope to collar those responsible for the theft.

'Master Mariner must be saved' say locals

REGULARS at the Master Mariner Public House have formed a campaign group in a bid to save the business.

Last week, The GEM reported that a Vale Council report said it could be demolished and replaced by flats or a GP surgery because SA Brain Ltd didn't believe it was a sustainable business.

The report was due to be considered at a Vale Cabinet meeting on Monday this week, but was deferred to a future meeting.

A 'Save the Master Mariner Committee' has been formed and supporters are holding a meeting this Thursday at 7pm.

They claim the council report was incorrect in saying it was difficult to make the business sustainable and had been "closed for several months".

A spokeswoman for the group said the business was viable, and went on: "The last time it was closed was in 2002. It reopened in 2005 and has not shut its doors for one day since. It has been open from 12 noon to 12 midnight seven days a week."

The spokeswoman said it provided a vital service for local people: "We have a Thursday club for people with learning difficulties which over time has built up from 10 people to around 40 people."

The pub also has skittles teams, pool teams and recently hosted a Christmas party for 80 children.

The spokeswoman added: "If the pub closed it would break the community's heart."

Local councillor Julie Aviet agreed that it was more than just a pub: "The Master Mariner is not just a local watering hole. It has become a community hub.

"In an area lacking in community facilities, the closure of the pub would tear the heart out of Gibbonsdown."

A spokesman for SA Brain told The GEM: "We will continue to offer our full support to our partners who are currently operating the Master Mariner and as with all of our pubs are looking at all possible ways to develop our business going forward. In this case we lease the site from the council and naturally are keeping closely in touch with them."

TC

Oodles of poodles!

MAX and Misha are six-year-old Standard Poodles, and are extremely playful and love to socialise with other dogs when out and about.

They came into the centre together, and the intention is to rehome them both to the same home.

They can be a bit bouncy at times, so children in the home will need to be 14 years and over. Max and Misha are loving and affectionate, and together they will be rewarding additions to your home.

Canine carers Robyn and Jo said: "Max and Misha are a joy to take out and about as they love meeting new friends. They certainly brighten up your home."

For more information, visit www.dogstrust.org.uk.

Mayor's charity afternoon tea

THE Barry Town Mayor, Cllr Janice Charles, will be holding an afternoon tea and prosecco in the council chamber at Barry Town Council, 7 Gladstone Road, Barry, CF62 8NA (the annexe to the Memorial Hall and Theatre) on Tuesday, January 22, from 2pm until 4pm.

All proceeds are in aid of the Barry Army Cadets, Barry RAF Cadets, Barry Round Table and Barry Rotary Club.

Royal British Legion's tour for D-Day veterans

THE Royal British Legion has announced that in partnership with Arena Travel, they have chartered a ship: the MV Boudicca, to provide a fully funded tour for 300 D-Day veterans.

Each veteran is able to bring one carer who will also be fully funded.

The following link gives details of the planned event: www.rbl.org.uk/dday75.

The participant or the carer need not be a member of the Legion and further details can be obtained from Teresa Goodwin,Royal British Legion, Barry, Poppy Appeal and vice chair on 01446 751656 or 07340 220904.

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News in brief

AM's surgery

AM Jane Hutt will be holding an advice surgery on Saturday, January 12 at the Citizen's Advice Offices, 119 Broad Street, Barry, CF62 7TZ between 10am and 11am.

Blue Monday with FAN

CHEER yourself up on Blue Monday (January 14) by having free cake and a hot drink at our friends and neighbours group in Palmerston Community Learning Centre.

We meet every Monday afternoon in term time at 2pm for one hour to share stories about our everyday lives and discuss thoughts on a weekly topic. You do not have to book and there is no charge. Everybody, whether you live in Palmerston, Penarth or Pontypridd Road, is welcome.

Email carolinefan2018@gmail.com for further information.

For all the latest news - **glamorgan-gem.co.uk**

Rwandan genocide survivor to speak on Holocaust Memorial Day

BRIDGEND County Borough Council (BCBC) will again mark Holocaust Memorial Day with an event to remember the victims and survivors of the Holocaust in which some six million Jews were murdered, and subsequent genocides.

These include Cambodia, Darfur, Bosnia, of the Yazidis, Bangladesh, Tibet, the Isaaq genocide, and Indonesia.

In partnership with Bridgend College, the event will take place at the Sony Theatre, Bridgend on Wednesday, January 23 at 10.30am.

BCBC will welcome special guest Jean-Paul Samputu, survivor of the 1994 genocide against the Tutsi in Rwanda, who will speak about his personal experiences of losing his parents and three siblings during the genocide.

M. Samputu travels the world as a cultural ambassador for Rwanda, communicating African singing, dancing, drumming and a message of peace, hope, forgiveness, reconciliation and love.

Up to 100 spaces are available for members of the public to attend the event, but places must be pre-booked on a first-come, first-served basis by emailing marketing@bridgend.gov.uk or calling 01656 815322 before the deadline of Monday, January 14.

Parking for attendees is limited at the venue, so parking in the town centre or nearby car parks is advised. However, those with accessibility issues should provide this information when booking on to the event so a car parking space can be provided.

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Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012

Listed Building Consent / Caniatâd Adeilad Rhestredig

Application No:/Rhif y cais:	2018/01311/LBC
Proposal:/Cynnig:	To re-build a small section of boundary wall (approx 1.6msq)
Location:/Lleoliad:	Chantry House, Burial Lane, Llantwit Major
Listed Building:/Adeilad Rhestredig	Grade II
Application No:/Rhif y cais:	2018/01352/LBC
Proposal:/Cynnig:	Change of canopy and additional sign
Location:/Lleoliad:	29, High Street, Cowbridge
Listed Building:/Adeilad Rhestredig	Grade II

Application(s) of General Interest / Ceisiadau o Ddiddordeb Cyffredinol

Application No:/Rhif y cais:	2018/01317/FUL
Proposal:/Cynnig:	Construction of six portal framed buildings and associated roads, division of buildings to form 43 light industrial units
Location:/Lleoliad:	Spider Camp, Hayes Lane, Sully
Application No:/Rhif y cais:	2018/01358/FUL
Proposal:/Cynnig:	Change of use, conversion and alterations to the Goods Sheds to provide a mixed use scheme comprising 11 live-work units (sui generis/ Class C3 use), restaurant (Class A3 use), technology hub/community workshop (Class A1, A2, B1 and/or D1 use) and flexible events space (Class A1, A2, A3 and/or D1 use), erection of entrepreneurial incubator business units not exceeding 68 units (converted shipping containers) (Class A1, A3, B1, D1 and/or D2 use), drive-thru coffee shop (Class A3), outdoor cinema (Class D2), farmers market/pop-up street food area (Class A1 and/or Class A3), children's playground (Class D2), access and servicing arrangements, car parking and associated works.
Location:/Lleoliad:	The Goods Shed, Hood Road, The Innovation Quarter, Barry
Application No:/Rhif y cais:	2018/01383/FUL
Proposal:/Cynnig:	Proposed demolition of existing church and hall; development of 31 flats and associated works
Location:/Lleoliad:	St. Pauls Church and Hall, St. Pauls Avenue, Barry
Application No:/Rhif y cais:	2018/01408/FUL
Proposal:/Cynnig:	Proposed demolition of existing school, development of 48 dwellings (43 flats and five houses) and associated works
Location:/Lleoliad:	Former Cowbridge Comprehensive School, Aberthin Road, Cowbridge
Application No:/Rhif y cais:	2018/01420/FUL
Proposal:/Cynnig:	Demolition of the former garage and erection of a 4-storey building comprising 21 residential units with under croft parking, access arrangements, and associated works
Location:/Lleoliad:	56a, Windsor Road, Penarth (Former Monty Smith Ltd)
Application No:/Rhif y cais:	2018/01421/OUT
Proposal:/Cynnig:	Outline planning application for residential development (up to 17 units) and all associated works at land to the north of Heol Y Pentir, Rhoose (all matters reserved).
Location:/Lleoliad:	Land to the North of Heol Y Pentir, Rhoose

Details may be inspected for 21 days at the address given below, or via http://vogonline.planning-register.co.uk/
Dated / Dyddiedig: 10 January, 2019
V. L. Robinson
Operational Manager, Regeneration and Planning, Vale of Glamorgan Council, Dock Office, Barry. CF63 4RT

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy
http://vogonline.planning-register.co.uk/

Out & About with The GEM

Power struggle makes for a sublime piece of work in Lanthimos' The Favourite...

SCREEN TALK with GARETH JAMIESON

Follow him on Twitter - @GEMScreenTalk

YORGOS Lanthimos has built up a strong reputation for creating loose, out-there films that strike the right chords with cinemagoers.

From his debut *Dogtooth* in 2009, through to *The Lobster* and *The Killing Of A Sacred Deer*, Lanthimos' films have drawn plentiful praise, with his latest, *The Favourite*, generating plenty of awards chatter.

Olivia Colman plays Queen Anne, sat on the throne of England while it is at war with France. Frail and depressed, she leaves most of her governing to Lady Sarah (Rachel Weisz) who is also her carer and lover, but when Abigail (Emma Stone), a cousin of Sarah, arrives, she sees a way to inveigle her way into the Queen's affections, something Sarah is ready to nip in the bud by any means...

A tale of power and manipulation set against a period backdrop threatens to sound stuffy and overdramatic. Thankfully, in the hands of Yorgos Lanthimos, *The Favourite* is less an overstarched historical document, and more a playful, darkly comedic and, at times, sinister mood piece, a film that lays its idiosyncrasies bare and is all the better for it.

The film has all the visual hallmarks of period drama yet Lanthimos' use of lenses and visuals means that the film has a woozy, off-kilter style that marries to the tone perfectly, gritty and grounded yet often unsettling.

With duck races in the Queen's chambers or a naked man being pelted with oranges in slow-motion, Lanthimos' film certainly isn't the straightforward affair you might expect, but benefits greatly from its offbeat nature.

What he is smart enough to do is not allow the stylistic flourishes to overshadow the story itself, and the three-way power struggle that plays out over the course of the two hours is an incredible thing to watch, especially with such indelible performances at the centre of it.

This is a story where all three participants are both in control and yet not, and watching their entanglements and their desire for power and control (or, in some cases, simple comfort) makes for thrilling, if disquieting, viewing.

All three central characters are not what you would class as likeable, yet through their foibles and desires, we see beneath their thirst for power and glimpse the humanity underneath.

For Queen Anne, a life of loss, illness and depression has created a vacuum that someone needs to fill (her heartbreaking reason for keeping 17 rabbits is an emotional thump). For Lady Sarah, being the power behind the throne suits her perfectly but when stakes are raised that affect her own life, her need for control becomes more stronger, while Abigail's fall from grace lends her a steel and resolve that won't allow her to ever stumble again, no matter who gets in the way.

The performances bring these characters to life exceptionally well. Emma Stone and Rachel Weisz have arguably the showier performances, but there is real depth and nuance to their turns that are wonderful to watch.

Weisz's performance as the flinty and seemingly-untouchable hand to the Queen is chillingly blunt, yet shows the emotional impact of seeing her friend and lover being wooed by Abigail, while Stone (and a near-impeccable English accent) is superb as she manipulates and cleverly works her way up the ladder to the Queen's affections.

It is Olivia Colman who, with a less grandstanding role, is perhaps the standout here. Her Queen Anne is a complex character, full of emotional baggage and a lack of self-belief, happy to acquiesce to others, and Colman brings her to life with a mesmeric turn that runs the gamut from hilarious through to emotionally fragile with seamless flair.

Around them is a cast full of strong turns, most notably Nicholas Hoult as Harley, the leader of the opposition with a neat line in pithy put-downs and determined to curry favour no matter what.

If the film does threaten to run out of steam towards its climax, the post-script of events lacking the humour and smart manipulations of what has gone before, then Lanthimos at least ends the film on a note that lingers.

Along with a script that has some razor-sharp lines, *The Favourite* is a wholly compelling piece of work, a film that is a powerful study of human needs and desires and the corroding influence of power.

VERDICT: Another weird, darkly comic and ultimately mesmerising film from Yorgos Lanthimos, *The Favourite* sees three superb actors – Rachel Weisz, Emma Stone and, perhaps most impressive of all, Olivia Colman – at the top of their game in a story of emotional frailty, power and manipulation. Lent a visual feel that is gloriously irreverent and in keeping with the tone of the piece, this is a hugely impressive work. *Essential viewing*.

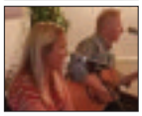
SEE THIS IF YOU LIKED: *The Lobster* (2015), *What Ever Happened to Baby Jane*? (1962).

TEN11 TEN11

Entertainment this January

Friday 11th January
Beth Zienna

Saturday 12th January
Kate Jones


Friday 18th January
Mark Sheppard

Saturday 19th January 8pm - 10pm
Peter Mortimer and Laura Dodd

Saturday 19th January 10pm - 1am
Debyanne and the Doctor

Friday 25th January
The Point

Saturday 26th January
Willson Rose

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'Dementia friendly' concerts at The Memo

THE Memo Arts Centre in Barry is putting on a new series of matinee concerts, 'Concerts and Cakes, which will be fully accessible for people living with dementia and their carers.

The first concert is on Wednesday, January 16 at 1.30pm (doors open at 1pm) featuring harpist Llewellyn Ifan Jones.

Tickets for those living with dementia are just £1, and carers go free. The concerts are also open to those who would enjoy an afternoon of live music, and those tickets are £5. All tickets include either a tea or coffee with a slice of cake.

Further concerts include: January 30, John Nicholas (singer/songwriter/acoustic guitar); February 13, Olivia Gomez (mezzo) and Ben Pinnow (pianist); February 27, The Bute Clarinet Quintet.

For all the latest news from your area - **glamorgan-gem.co.uk**

What's on and where - in brief

Photographic exhibition

AN exhibition of photographs by members of the Vale Photographic Club is now on show at Old Hall, Cowbridge until the end of January 2019.

Come try out the choir

A Barry Male Voice Choir taster evening will take place on Monday, January 14 at West End Social Club at 7.30pm; the address is 54 St Nicholas Road, Barry (CF62 6QY).

This is a chance to find out more about singing and enjoy a relaxed friendly evening with a buffet and pint. For more information call 07790 552565 or look at www.barrymalevoicechoir.co.uk.

Parkinson's drop-in

THE next meeting of the Llantwit Major Parkinson's drop-in cafe will be on Wednesday, January 16 in Llantonian Hall from 1.30pm-3.30pm and thereafter every third Wednesday of the month.

All are welcome to join us for a cuppa and a chat. Further information from Martin Simmonds on 01446 796310.

Penarth Civic Society

FOLLOWING on from the cheese and wine evening last year Alan Thorne will be giving part two of 'What Penarth Has Lost'.

As well as buildings and features that he did not get to last time, Alan will be concentrating on what has been lost as a result of social change. When asked what he was going to cover his list included Dick Barton, American limousines, working horses, and a very funny story about American balloons, which you will have to come along to hear!

The meeting is on Thursday, January 17 at 7.30pm at All Saints' Lesser Hall; entry is free to members, £2 to non-members. No cheese and wine this time, but we are hoping to repeat that event later in the year.

PACT meetings

WHY not come along to Gibbonsdown 'Cuppa with a Copper' held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon.

Buttrills PACT on Thursday, January 10 at 6.30pm at the Corporate Suite, Vale of Glamorgan Civic Offices.

A police surgery will be held at Llantwit Major Library on Tuesday, January 15 between 10.30am and 11.30am.

Coffee & Chat will be held at the Lamb & Flag, Wick at 11am on Tuesday, January 22.

Lift Group meets

THE Lift Group offers friendship and support to those affected by breast cancer.

We meet in a family home in Cowbridge once a fortnight, either between 10am and 1pm for relaxation therapies and coffee, or 2pm to 4pm for other activities such as speakers or trips out. Come and join us, bring a friend, for friendly, supportive and confidential get-togethers.

If you know anyone who might benefit from this group, please call Anne on 01446 772843 or Judith on 01446 794176. We look forward to seeing you.

Community Cinema returns

DINAS Powys Community Cinema's new season starts on Saturday, January 12 with *Peterloo*.

The film tells the story of the Peterloo Massacre in Manchester, when government forces charged into a huge workers' rights protest in 1819.

Director Mike Leigh directs this account of a relatively unknown but very important event in British history.

The Dinas Powys cinema's spring programme also includes *Mamma Mia! Here We Go Again* February 9) and *A Star is Born* (March 9). The volunteer-run cinema can be found at the Murchfield Community Centre, Sunnycroft Lane, Dinas Powys (CF64 4QQ). There is a licensed bar with ice creams and other refreshments also on sale at all screenings.

Doors open 6.30pm for a 7pm start, all tickets are £4.50. They are available on the door, or can be purchased in advance from the DPVC office at the rear of the Community Centre (weekday mornings) or online: *www.ticketline.co.uk/murchfieldcommunity centre.*

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WHY QUARTZ? - The result is a beautiful quartz counter top and surfacing material that can handle anything you throw at it. This blend of nature and technology allows us to create the perfect worktop.

HYGIENIC & STAIN RESISTANT – A perfectly smooth surface (non-porous) leaves nowhere for germs to hide. Not even stubborn red wine leaves any marks on your surfaces.

EASY TO CARE FOR – No maintenance is required, other than a quick wipe with a neutral cleaner.

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EASILY INSTALLED – Effectively fitted within a day with no mess, and leaves a long lasting, beautiful, high quality finish.

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Health Beauty & fitness

New Pilates class

A new Pilates class for beginners starts in Barry on Thursday, January 24 at 12.30pm and is suitable for complete beginners and those with a little experience of Pilates.

The course lasts for six weeks and costs £49.

Pilates builds core strength and helps improve posture using low impact stretching and conditioning exercises. Pilates can help you to increase your flexibility, strengthen, and improve muscle tone, core and pelvic floor strength.

However, Pilates works far more than your core muscles, providing you with a full body workout. You feel muscles working that you didn't even know you had!

Exercises are performed on the mat, with everyone working at their own pace. Classes are led by Sharon, an experienced, qualified teacher who loves to see people at the end of a class looking relaxed and refreshed.

The classes are held at St Nicholas Hall, Barry, CF62 6QX on Mondays at 9.15am, 10.30am and 11.35am; Thursdays at 9am, 10am and 11.15am and Fridays at 7pm.

To secure your place in the new class or for information about other classes, contact Sharon on 07830 085606 or email sharonpilates@hotmail.com.

Barry Pilates Classes
Mondays 9.15am, 10.30am & 11.35am
Thursdays 9am, 10am & 11.15am
& Fridays 7pm
At St Nicholas Hall, Barry
New Beginners Pilates Course
Starts Thursday 24th January 12.30pm
To book: Sharon 07830 085606
sharonpilates@hotmail.com

Improve your health this New Year

THESE suggestions from the British Nutrition Foundation won't hurt but will make 2019 healthier, says Lisa Salmon.

If you've over-indulged at Christmas, you may be thinking now is the time to make a few changes to your diet and lifestyle to herald a healthy 2019.

But if you know a crash diet, alcohol-free Dry January and punishing exercise regime is destined to fail, the British Nutrition Foundation (BNF) has come up with a far easier and more sustainable plan.

Its Try, Swap, Change weekly planner aims to help resolutions stick through 15 easy-to-follow healthy diet and lifestyle suggestions.

Each week you choose three or more of the suggestions, which involve trying something new, swapping old habits for better ones, and changing small parts of your daily routine, and the idea is that by focusing on smaller areas where you can make sustainable changes, you'll be able to lead a healthier lifestyle long term - not just for the first few weeks of January.

The planner can be personalised to help you focus on achieving individual goals, such as reducing sugar or becoming more active, and it's colour-coded to highlight six areas that are key to improving diet and lifestyle.

Green = fruit and vegetables: make sure you get your five a day.

Yellow = wholegrains: The majority of people are below the recommended intakes for fibre.

Red = physical activity: Getting active burns calories, helps improve fitness and may help improve sleep and reduce stress.

Orange = helpful habits: Lifestyle changes such as eating more slowly.

CONTINUED ON PAGE 17

Treat your skin well with FACE

FACE Clinic is an advanced Aesthetic Skin and Beauty Clinic established for 30 years, which has won many awards, being one of the top clinics.

They offer a wide range of effective anti-ageing, skin and beauty treatments; tailoring treatment to suit our clients' needs, taking care to satisfy our clients to achieve the best result. They are close to their clients and offer a personal service.

They pride themselves on long term relationships with their clients by offering the top professional advice, through a friendly one-to-one relationship; offering the latest state-of-the-art treatments; they are passionate about what they have to offer and offer a free consultation for all treatments, with no obligation to purchase.

Call them for a friendly consultation, so we can see how we can help you to look great and to feel great.

Face Clinic at 02920 226066.

Studio Viva Fitness - Join now and pay nothing for January!

WANT to get fit, lose weight or be healthier in 2019?

Then come and take a look at Studio Viva Ladies Fitness in Cowbridge. We provide fitness solutions for real women, from teenagers to those keeping active later in life.

We understand the many challenges women face in life, from work, to kids, to lack of time and the constant pressure of media images telling us we must look a certain way.

Studio Viva is about more than just fitness… feeling good, being healthy, social interaction and a friendly, encouraging environment are also hugely important. Our aim is to make you feel comfortable, inspired and supported. We truly are a gym for all women, whatever their age, size or ability.

So, if you think you don't like going to a gym, we offer something completely different – no floor to ceiling mirrors; no men; no Lycra; no pressure.

Easy-to-use machines designed for women; 30-minute machine circuit that can fit in anytime that suits you; friendly atmosphere with lots of interaction and chat; in a stylish studio environment with attentive, supportive staff always on hand; with sparkling clean equipment and surroundings.

Find us at 1 Westgate, Cowbridge, above Marley's Barbers.

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Normally only one treatment needed.
Lasts up to 3 years.
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Non Surgical Removal of: eyebags, Eyelid Hoods, Mini Facelift, Neck Lift and Wrinkles

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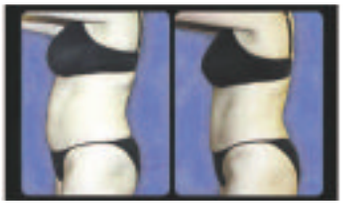

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Health Beauty & fitness

A new year could mean a new you!

CONTINUED FROM PAGE 16

Blue = protein: To boost plant protein and include fish your diet.

Pink = lower salt, sugar and saturated fat.

The BNF explains that people can choose what's best suited to them - so if you want to focus on upping your fruit and veg intake, start your weekly planner by choosing green suggestions, or if you fancy eating healthier proteins, begin the year by taking on the blue challenges.

Try new goals each week, to help you turn the lifestyle changes into long-term habits.

Sara Stanner, the BNF's science director, says: "Many of us start the New Year with great ambitions to eat better and be more active, but these resolutions may falter after just a few weeks or months.

"Finding behaviours that work for you is key to making sure that short-term changes become long-term habits and part of the daily routine. However, many people find it difficult to know where to start - let alone how to keep up the good health initiatives long-term.

"The Try, Swap, Change planner has been developed by BNF nutrition scientists to provide a practical guide to help people put their New Year's resolutions into action, but also to provide an extra motivator for keeping things going longer-term. It's a great feeling at the end of each day to tick off completed challenges and, in turn, the goals you've started to achieve."

The Try, Swap, Change suggestions

1. Eat the rainbow (green)

Eat at least 3 different coloured fruit and vegetables.

2. Get plant-based (blue)

Incorporate some plant-based protein into your day, e.g. beans, peas, lentils, tofu, nuts or seeds.

3. Go Slow (orange)

Try eating more slowly and enjoying your food - eating more slowly can give your body time to realise it's full.

4. Grab some grains (yellow)

Try a new wholegrain food, e.g. wholemeal breads (why not try wholemeal pitta, wraps and bagels?), brown rice, oats, barley, quinoa, buckwheat, wholegrain spelt pasta, bulgur wheat or plain popcorn.

5. Screen breaks (orange)

Try to reduce your seated screen time, such as time spent watching TV or on the computer. Set yourself a challenge, e.g. only one hour of seated screen time a day, or halving the time you'd usually spend each day and stick to it.

Swap

6. Wake up with fibre (yellow)

Swap your usual breakfast/morning foods for higher fibre versions.

7. Get fruity! (green)

Have a variety of fruit and vegetables instead of your usual snacks.

8. Move more (red)

Swap your usual routine - add an extra 10 minutes of activity, e.g. walking, swimming or weights, each day.

9. Fish in a dish (blue)

Up your fish intake - try to eat two portions or more this week, one of which should be an oily fish such as salmon, sardines, kippers, whitebait, mackerel, trout, herring, pilchards or fresh tuna.

10. Snack attack (pink)

Swap snacks high in saturates, sugar or salt such as crisps, chocolate and sweets for fruit, vegetables, plain yogurt, nuts or seeds.

CONTINUED ON PAGE 18

Dental implants are the 'ideal solution' for many

THE number one reason is that they look and feel like natural teeth.

You will have no difficulty eating and chewing, and as a result you feel confident eating out in public again.

Dental implants are the ideal solution for many people. We've helped people who have had missing teeth, from one to all of them, loose fitting dentures, loose teeth caused by an accident or lost teeth caused by gum disease.

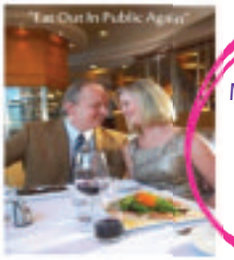
At Advanced dental we are passionate about providing a fully personalised service and restoring not only the teeth of our patients but their confidence in their appearance.

For more information visit PainFreeDentistCardiff.co.uk or call 01446 488659 (24 hours a day).

Embarrassed by your dentures or missing teeth?

Are you struggling to eat food you love?

Do your dentures make you gag or fall out?



End the Embarrassment with Mini Dental Implants from Advance Dental Care in Barry. The Home of the Calm and Caring dentistry.

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Advance Dental Care, Lakin Drive, Barry, CF62 8AS
Andrew Nourish BDS GDC 74345.
Advance Dental Care is a mixed dental practice. * says Rob Evans, Newport

advance dental care
the home of calm and caring dentistry

We are a family orientated professional gymnastic club based in Barry.

For all those girls and boys out there who are 4 to 16, Rhythmic at the Academy have Foundation sessions for all age groups - you are never too old to start a new hobby or lifestyle and all levels of ability can be accommodated. Additional needs supported.

Get in touch for session information and to take us up on our January free taster offer so you can see for yourself.

JANUARY OFFER
One FREE session, FREE training top worth £10 to be worn at training and NO JOINING FEE when signing up.

All classes are run from Holm View Leisure Centre, Barry.

Contact us via our FB page Rhythmic at the Academy or email: rhythmic@theacademywales.co.uk or text Claire on 07500 863422

Rhythmic Gymnastics Classes

New Beginnings	3-4 years	Wed 4-5.30pm & Saturday 2-3.30pm
Foundation 1	5-6 years	Mon,Wed,Fri 4.-5.30pm & Sunday 9-10.30am
Foundation 2	6-7 years	Mon,Wed 4.-5.30pm, Fri 4.30 - 6 & Sunday 9-10.30am
Intermediate 1	7-8 years	Wed,Fri 4.30-6pm, Fri 4-5.30pm
Intermediate 2	8 years +	Wed,Fri 4.30-6pm

General/Artistic Gymnastics & Additional Needs Classes

Additional Needs	all ages boys & girls	Sat 2-3.00pm
General Gymnastics	all ages boys & girls	Sat 3-4.00pm

British Gymnastics

Gentle Sole Reflexology

DUOPODY Reflexology is a unique technique in which both feet (the micro system) are treated concurrently, reflecting each organ within 14 featured systems of the body (the macro system).

This alternative therapy was founded by the ancient Egyptians. Theory says that Reflexology encourages nerve innervation and blood flow to compromised areas of the human body, in order to support the body's natural rebalancing ability – homeostasis.

David Parry-Steer has lived in St Fagan's for the past five years, and has spent many years as a City & Guilds tutor and coach at a FTSE 100 company in Cardiff. Recently, and in a total change of career, he qualified as a Level 5 Clinical Duopody Reflexologist and is now delighted to be able to offer Reflexology treatments from his home and at Dinas Powys Medical Centre.

David has treated numerous clients in south Wales, and for a varied rand of ailments. While Reflexology doesn't claim to cure or diagnose, it does have a remarkable ability to uncover physical and emotional issues – those that men and women carry around as they go about living their often hectic lives. for example, one may have a painful shoulder or a sensitive digestive system, but what emotional imbalance is causing this physical response?

Reflexology is not about identifying illnesses: consider it more about 're-balance'. It has a definite function as a conduit to experiencing total relaxation and detachment from any busy schedule. David commented recently that in his experience, Reflexology is extremely effective as an aid to reducing stress and improving sleeping patterns.

Reflexology appointments are available with David at his clinic in St Fagan's, or each Friday at Dinas Powys Medical Centre. Home visits can be arranged. For all appointments, contact David on 07792 644511 or via www.gentlesole.co.uk.

GENTLE SOLE
REFLEXOLOGY

Duopody Reflexology is a technique in which both feet are treated simultaneously, reflecting 4 systems of the body.

Treatments encourage nerve innervation and blood flow to compromised areas of the body to support the body's natural rebalancing ability.

Reflexology is able to uncover physical and emotional issues – those that people carry around as they go about their hectic lives. One may have a painful shoulder or a sensitive digestive system, but what emotional imbalance is causing this physical response?

Reflexology is a conduit to experiencing relaxation and detachment from a busy schedule; it is an effective aid to reducing stress and improving sleep patterns.

Appointments are available Fridays at Dinas Powys Medical Centre. First Floor, Murch Road, Dinas Powys, CF64 4RE.

Contact David Parry-Steer on
07792 644511
or via www.gentlesole.co.uk

Health Beauty & fitness

Glamorgan Slimming World Consultants are worth their weight in gold, says TV host

LEFT:
Slimming World consultants meet singer and presenter Rylan Clark-Neal: Helen Bevan, Sophie Williams, Scott Hawkins.

AS Slimming World enters its 50th year, a group of Slimming World consultants from Glamorgan are celebrating half a century of success for the organisation by meeting TV personality and presenter Rylan Clark-Neal.

Rylan, who shot to fame after appearing on hit show The X-Factor, co-hosted the annual Slimming World Awards with the organisation's founder and chair Margaret Miles-Bramwell OBE. Margaret opened her first Slimming World group in 1969 and over the last 50 years the business has grown to become the UK's leading group-based weight-management organisation, today supporting nearly 1 million slimmers.

The team, who run Slimming World groups in Glamorgan, were delighted to get a chance to cuddle up to Rylan. Helen Bevan said meeting the TV host was a wonderful way to round off a great year for Slimming World, as well as a brilliant way to lead into 2019 — Slimming World's Golden Year: "I couldn't be more proud of our members. Not only have they lost fantastic amounts of weight throughout 2018 – with many of them hitting their target weights – they've also improved their health, boosted their confidence and are heading into 2019 with new healthy habits that will stay with them for life.

"Watching people change before my eyes and start being able to do things that they didn't think were possible before losing weight absolutely amazes me. Every week I feel privileged to play even a small part in people's achievements and to celebrate with them, so I felt especially honoured to represent our Slimming World groups at the Slimming World Awards. Rylan was blown away by the difference Slimming World makes to people's lives too."

Rylan, who is now a seasoned presenter having appeared on *This Morning* and Channel 5's *Big Brother's Little Brother*, said he was thrilled to be invited to host the awards ceremony, which was held at Birmingham's International Convention Centre. He said: "I met so many people who had lost incredible amounts of weight and made a huge difference to their lives. While the stories I heard were obviously very personal, the one thing they all had in common was how much support they received from their 'Slimming World family' and how so many of them were achieving their dreams.

"Every one of them spoke passionately about how they couldn't have made those changes to eat more healthily and become more active without the support of their consultant and group every week. It's clear that the people who run the groups each week are worth their weight in gold."

Mondays 5.30pm
Cadoxton Moors Community Centre, Rear of Edmond Place, Cardiff Road, Barry
Karl 07411 621866

Mondays 5.30pm and 7.30pm
Celtic Way Community Centre, Rhoose
Helen 01446 750738/ 07968 355119

Mondays 5.30pm and 7.30pm
Elfed Avenue United Church, Elfed Avenue, Penarth, Vale of Glamorgan, CF64 3LX
Martin - 07444 374377

Tuesdays 5.30pm
Gladstone Primary School, Gladstone Road, Barry
Sarah 07917 881220

Tuesdays 9.30am, 11.30am, 5.30pm & 7.30pm
Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major
Helen 01446 750738/ 07968 355119

Tuesdays 6.30pm
The Old School, South Road, Sully CF64 5TG
Nicola 07951 510871

Wednesdays 5.00pm
All Saints Church Hall, Victoria Square, Penarth
Julia 07718 284171

Wednesdays 4.45pm and 6.45pm
St Francis Millennium Centre, Park Road, Porth-Y-Castell, Barry
Annamarie 07837 497523

Wednesday 3.30pm, 5.30pm, and 7.30pm
Bridgend Deaf Club, Coychurch Road, Bridgend
Helen 07714 170908

Wednesdays 5.30pm and 7.30pm
5th Barry Sea Scout Hall, Everard Street, Barry.
Karl 07411 621866

Wednesdays 5.30pm and 7.30pm
Butrill's Community Centre North Walk, Barry
Sarah - 07917 881220

Wednesdays 9.30am and 11.30am
All Saint's Church Hall, Victoria Square, Penarth Vale of Glamorgan CF64 3EH
Karl - 07411 621866

Thursdays 5.30pm and 7.30pm
The Cabin Next To Swim Pool, Hebron Hall, Cross Common Road, Dinas Powys CF64 4YB
Renae 07495 208966

Thursdays 8.00am, 10.00am, 12.00pm, 3.30pm, 5.30pm, 7.30pm
Sarn & Bryncwlis Social Club, Bryncoch Road, Sarn
Scott 07498 780419

Thursdays 5.30pm
Highlight Park Community Centre, Barry
Annamarie 07837 497523

Thursdays 9.30am and 11.30am
Memorial Hall, Cenotaph Entrance, Gladstone Road, Barry
Nicola 07951 510871

Thursdays 5.30pm
St. Davids Church Hall, Wimbourne Road, Pencoed
Donna 07790 797008

Thursdays 9.30am
Nolton Church Hall, Merthyr Mawr Road, Bridgend
Donna 07790 797008

Friday 9.30 and 11.30am
The Cabin next to Swim Pool, Hebron Hall, Cross Common Road, Dinas Powys, South Glamorgan CF64 4YB
Renae - 07495 208966

Saturdays 9.30am
The Gathering Place, Flemingston Road, St Athan
Helen 07968 355119

Saturday 9.30am
Cwm Talwg Community Centre, Cwm Parc, Barry
Vicky 07957 958900

Saturdays 7.30, 9.30 and 11.30
Colcot Community Centre, Keats Way, Barry
Martin - 07444 374377

Saturdays 8am and 10am
All Saint's Church Hall, Victoria Square, Penarth Vale of Glamorgan CF64 3EH
Julia - 07718 284171

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Slimming World

Offering a special dis-

LOCAL Master of Osteopathy, Rob, opened a clinic in Barry in January 2017 for all your aches and pains.

Osteopathy is a system of diagnosis and treatment that takes the whole body and situation into account – whole body mechanics, work/rest balance, pregnancies, emotional difficulties, office set up, hobbies and sports played, etc.

At Highlight Osteopaths, we see headaches and neck pain, pain in upper and lower limbs, wrists, hands, hips, knees and ankles... and of course, bad backs are our bread and butter!

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02921 286 706
RobTheOsteopath@gmail.com
Practice address: 31 Lakin Drive, Barry, CF62 8AH

Easy changes to help make you happier and healthier

CONTINUED FROM PAGE 17

Change

11. Move it, shake it (red)

Find a new way to move: dust off the bike, head to your local pool or park or try some online yoga or movement videos at home. Or try your local climbing wall, kayak/rowing club or community garden.

12. Pledge more veg (green)

Fill half of your plate at lunch or dinner with salad or vegetables.

13. You're sweet enough (pink)

Stop or cut down on drinking sugary soft drinks or adding sugar to drinks.

14. A little extra (green)

Add one extra portion of fruit, vegetables, beans or lentils (roughly the amount which fits into a cupped hand) into one of your meals.

15. Slow down on salt (pink)

Check food labels for low or reduced salt options and when cooking at home use herbs and spices for flavour instead.

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Health Beauty & fitness

LEFT: Start 2019 as you mean to go on! Get in touch with Linda Norman (advert below). Special offer on boot camp – six sessions for just £24!

BACK ON TRACK
BOOT CAMP, REBOUND and ZUMBA CLASSES

MONDAY Ysgol Dewi Sant Welsh School.
Top of Ham Lane, Llantwit Major
REBOUND 6.15 pm and ZUMBA at 7 pm

TUESDAY St Athan Community Centre
ZUMBA at 7pm and BOOT CAMP CIRCUITS at 8.10pm

WEDNESDAY Ysgol Dewi Sant Welsh School
Top of Ham Lane, Llantwit Major
BOOT CAMP CIRCUITS at 6.30 pm

For more information contact Linda on 07964 359 362
Due to demand your rebounder must be booked in advance

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www.porthkerrydental.co.uk

Dental Implants at Porthkerry Dental Centre

If you are thinking about getting a dental implant, or perhaps you have already made the decision to have one placed, come and have a free professional consultation at Porthkerry Dental Centre.

To some, just the thought of having an implant surgically placed in their mouth can be very intimidating and scary.

It does not have to be. Your initial free consultation will allow Dr Joynson to judge if you are a suitable candidate for dental implants, through a clinical examination to assess your gum and bone health, and also your general medical health.

If you have a missing tooth or teeth, there are a number of options, however, in many cases the best possible option can be dental implants.

A dental implant acts like a replacement tooth root, as a titanium metal fixture is placed into the jawbone and is used to support one or more false teeth. After the implants have been fitted and have healed in place, dentures, crowns or bridges can be attached to them.

When dentures are held in place by implants they do not slip around. If crowns or bridges are fitted on implants they act like normal teeth.

Dental implants can restore proper chewing function so you can enjoy foods previously too difficult to eat.

You feel confident that your implanted teeth won't move or feel loose.

Owain Joynson has been placing dental implants since 2009 and has attained the Diploma in Implant Dentistry from the Royal College of Surgery, Edinburgh.

To book your free consultation contact us by telephone on 01446 735395 or by email at porthkerrydental@btconnect.com www.porthkerrydental@btconnect.com.

Give you skin a treat with Charlotte...

CHARLOTTE Wilkey is a qualified Beauty Therapist NVQ Level 2 and 3 with over 15 years experience in the industry.

She has recently specialised in non-surgical facial enhancements with the world leader Caci International and has opened her own treatment room in Poundfield, Llantwit Major.

Caci International is an award winning company with expertise in the beauty industry that spans two decades and supplies to over 10,000 of the worlds leading beauty salons, health clubs and spas.

Caci is a supplier of non invasive aesthetic treatments which truly deliver visible and corrective results without the risks involved with surgery or invasive procedures. The dramatic results achieved using its exclusive technologies has generated huge demand for Caci treatments and attracted an impressive celebrity following.

Charlotte offers the Caci Synergy range, the newest on the market which has introduced SPED led technology alongside the use of microcurrent. The use of SPED increases the effectiveness of the treatments by

up to 70 per cent than just using microcurrent alone as with the Caci Ultimate and Ultra machines.

The treatments offered are tailored to each individual needs, based on clients' requirements and desired outcome. Treatments cover a variety of skin conditions, such as muscle tone (including the jowl area),lines and wrinkles, acne/blemished skin, dull and tired skin, dehydrated and dropping/hooded eyelids.

For more information or for a free consultation, please contact Charlotte on 07423289754 or email at charlottewilkey@yahoo.com.

Do you struggle to reach your feet?

RS Podiatry is a well-established Podiatry and Chiropody practice, based at Highlight Park Medical Practice in Barry.

Rebecca is fully qualified, having gained a BSc (Hons) degree in university and she is a trusted member of The Society of Chiropodists and Podiatrists, and The Health Care Professions Council.

At RS Podiatry, our services are available to all ages, from children to the elderly – whether for the treatment or diagnosis of a specific foot condition, to simple nail cutting.

We specialise in the treatment of nervous patients and can accommodate patients with impaired mobility.

At RS Podiatry, we offer a warm, friendly, professional service in a clean, clinical environment at affordable prices.

For more information, or to book an appointment, please call 01446 734064.

Low-cost nail-cutting service is now available

AGE Connects Cardiff & Vale provide a low-cost nail-cutting service to provide basic foot care services to older people in the local community.

We work from clinics throughout Cardiff and the Vale, with our St Athan clinic now running fortnightly, and a new clinic in Penarth, at Trinity Church.

The service is provided by our nail-cutting assistants who are trained by the Cardiff & Vale University health board.

There are no age restrictions and the service is available to anyone who is unable to cut their own toe nails (certain health restrictions apply) at a cost of only £13 per session.

For further information call 02922 331113.

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hcpc
The Society of Chiropodists and Podiatrists

Rebecca Skinner BSc (Hons) MChS
HCPC Registered Podiatrist / Chiropodist
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Simple, safe and accessible nail cutting service available now in Penarth, St Athan and Barry.
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Be watchful - the Mari Lwyd is on the prowl

THE Mari Lwyd will be on tour of some of the Cowbridge pubs on Friday, January 11, collecting donations towards Dolen, a charity aiming to improve the health and education of people living in Lesotho, South Africa.

The tour of the pubs will begin around 8.30pm.

The long-standing tradition features a mare's skull, decorated with bells and ribbons, which is led from house to house in the depths of winter by gangs of revellers.

A white sheet attached to the skull is draped over the head and shoulders of the man who carries it, and a mechanism is usually rigged up allowing the jaw to be opened and closed to frighten the women and children!

The 'Fari' in Cowbridge, which nowadays visits pubs in the town in January, has coloured plastic eye sockets in front of flashing light bulbs to give an eerie effect!

Traditionally, Mari was led by a man wearing a top hat or bowler, called the Sergeant, and they were joined by a gang of men and sometimes boys.

Mari knocked on the door of the farmhouse, and the men would sing: "Wel, dyma ni'n dwad, gyfeillion diniwad, i ofyn 'sgawn gannad i ganu" ("Well, here we come, innocent friend, to ask permission to sing").

Inside the house, the family, and sometimes the local bard who'd been bribed with beer to help out, would reply in verse. A sung dialogue would then ensue in which the Fari would demand access and the family refuse, until no-one could invent any more verses.

At this point, they would open the door and the group be plied with food and drink. Legend has it that on one occasion, both groups had such prolific poets that the bardic duel continued thoroughout the night, and Mari didn't gain entry until dawn!

The custom existed in Cowbridge until the 1930s, with the verses by then sung in English. Mr Bill Lewis, who arranged the modern Mari's antics in the town each year, told how he and other youngsters followed the revellers across the fields from farm to farm. He remembered one of the verses he sang, which corresponds to one of the traditional Welsh verses: "Through bushes and briars, O'er mountains and mires, We wish you a happy new year."

In Pencoed, the Fari was still visiting farms in the area in the 1960s and the village of Llangynwyd is known to have a long tradition of Mari Lwyd visits. In Monmouthshire in the 19th century, the custom was encouraged by Lady Llanover, and a hologram-style depiction of the Fari Lwyd remains above the door of the old post office in the village of Llanover.

SH

Penarth roundabout could be removed

A major Penarth roundabout could be removed with new one-way systems proposed under a trial set to be agreed by the council.

The Vale Council's cabinet is set to decide this month whether to introduce an experimental traffic order which would see the removal of the roundabout at the junction of Plassey Street and Windsor Road.

The roundabout would be removed in favour of an uncontrolled junction permitting one-way eastbound traffic along Plassey Street to its junction with High Street.

A short section of one-way traffic could also be introduced on High Street between Ludlow Street and Windsor Road with traffic heading north to south only.

It means traffic would be able to use Plassey Street or Windsor Road to access Penarth town centre, or Windsor Road to exit the town via the signal junction at Barons Court.

A toucan crossing is also proposed in Windsor Road immediately east after the new junction with Plassey Street.

A council report says "enhanced cycle facilities" would be provided along Plassey Street over the length of the one-way system.

The trial would cost £65,000, paid for from a £1.47million section 106 contribution from the developers of Penarth Heights.

But if it proves successful the new traffic system would cost £1.2million to implement on a permanent basis.

The Vale Council's cabinet is set to decide whether to introduce the experimental one-way traffic regulation order at its meeting on January 21, after deferring the decision today (January 7).

It follows a consultation on four possible options on how to improve traffic arrangements in the area, held between May 14 and July 9 2018.

The council has decided to progress with option two – a one-way system for Plassey Street and High Street – but not go ahead with a 20mph speed limit after concerns raised in the consultation.

The order, if approved, could remain in place up to for 18 months, after which time the order has to be withdrawn or made permanent.

There have been six road crashes in the area covered by the order between June 2015 and June 2018 that resulted in personal injury – two of which were serious, four were minor.

Four of these crashes – three slight and one serious – were caused by drivers failing to look properly before manoeuvring. The remaining minor incidents were caused by driver illness or disability, while one serious crash took place due to "an emergency vehicle on call and negligent action to open the vehicle door," a council report says.

In that time, there were no crashes in the area which involved personal injury to pedestrians or cyclists.

Matt Discombe
Local democracy reporter

Barry art group says 'thank you'

THANK you to all those who came to our Art4u 'Tree of Love' dedication.

There was beautiful singing by Porthkerry Community Choir that helped create a truly memorable event full of love and kindness.

We would like to thank Mark Lund, our local blacksmith who not only installed the plaque, but did all the metal work free.

We have given the tree the best start we can, so we hope it flourishes and offers benefit to all those who visit it for many generations to come.

Glyn Pooley, Barry.

Colwinston celebrated Christmas in style!

CHRISTMAS in Colwinston started early last year with the WI Carol service at the beginning of December.

Also in early December, the 1st Colwinston Brownies made Christmas gift bags for the Llantwit Major Foodbank.

The church and the village green Christmas trees were illuminated, with the church becoming floodlit in a special tree lighting ceremony. During Advent, the Posada with Mary, Joseph and the donkey, was passed around the Mother and Toddler group. This symbolised the journey to Bethlehem over 2,000 years ago.

Many of the village organisations, including the community council, village hall committee, Mother's Union and Philosophical Society, gave readings at the carol service and some of the reception children from St David's School sang at the Christmas Crib service.

On Christmas Eve, Father Christmas visited Colwinston and gave out presents to the children and the adults enjoyed mulled wine and mince pies provided by the village hall committee.

Many villagers celebrated Christmas at a Midnight Mass in St Michael's Church.

On New Year's Day, the annual football match took place with the under-35s just winning the match against the over-35s. The good news was that none of the 'older' players needed emergency treatment. Later in the afternoon, the traditional Colwinston game of Colley Ball, as seen on the 'Village of the Year 2018' programme, took place at the Sycamore Tree. The final service of Christmas was held on January 6, the day of Epiphany, when the three kings visited the stable.

Now all the decorations have been put away until next year, all that remains is to wish everyone a very happy and healthy New Year from everyone in this busy rural village.

KJ

Bridgend club benefits from housebuilder's community fund

THE Bridgend Association of Bowls, Tennis and Squash Clubs was among the latest good causes to secure funding through Persimmon Homes' Community Champions scheme.

The association received £1,000 towards new floodlights at its Church Road facility.

Each month Persimmon Homes donates up to £2,000 to community groups in each of its 31 geographical operating areas.

Edward Wilkins, chairman of The Bridgend Association of Bowls, Tennis, Squash Clubs Community Interest Company, said: "We have embarked on a project to raise £30,000 to provide additional flood lighting and court playing surfaces in Bridgend.

"This will have significant benefits during the winter and spring months, increasing our capacity by an estimated 50 per cent.

"We have a lot of fundraising to go, but we are hugely grateful to Persimmon Homes for their generosity."

Go to *www.persimmonhomes.com/charity* to apply for funding.

Bridgend Quiz League results

HERE are this week's teasers from the Bridgend Quiz League:

1. In the 2016 version of Cluedo, who was Mrs White replaced by?

2. A playing surface 3ft 6 ins wide and 60ft long is used in what indoor game?

3. What do the Forth Bridge in Scotland, the Menai Bridge in Wales, the Egyptian Arch Bridge in Northern Ireland and the Millennium Bridge in England have in common?

Quiz League results for January 7: Penybont AFC Nomads 48, Ty Risha Arms 45; Tondu Railway Club 46, Mackworth Arms 45; Laleston Inn A 37, Crown Maesteg 46; Oddfellows Arms 34, Laleston Inn B 48; Six Bells Clangers 50, Prince of Wales Coychurch 42; Cabo Roche 46, Pheasant Gamekeepers 48; Five Bells B 43, Chatterton Shunters 44.

SK

Answers:
1. Dr Orchid; 2. Ten Pin Bowling; 3. All appeared on old UK pound coins.

For all the latest news from your area - glamorgan-gem.co.uk

Water company objects to new housing scheme

PLANS for 41 homes in Bridgend have been submitted.

The application, by Hafod Housing Association & Jehu, is for a two-acre site south of Wyndham Close and next to the Brackla Industrial Estate.

The site is desctibed as "scrubland".

The plans involve car parking spaces and the creation of a new access point onto Wyndham Close.

Dwr Cymru Welsh Water has objected to the proposals because the development would be directly above two sewers and within the protection zone for a trunk water main.

It advises that the site layout should be changed to accommodate the required protection zone.

Agents for the applicant said the advice from Dwr Cymru Welsh Water would be considered within the ongoing design process as the project moved forward. The planning application number is P/18/945/FUL.

Liz Bradfield
Local democracy reporter

KPC can help you

ARE you looking for work or do you need some skills to help you make that step?

KPC Youth & Community in Pyle offer a range of support towards employability - such as help with job searches, updating or creating your CV, several short courses to help with developing skills (customer service, an introduction to First Aid, health & safety in the workplace or in construction prior to CSCS Card etc); help with literacy, numeracy, basic IT and also interview techniques.

To find out more and check your eligibility, pop into the centre (off Pyle Inn Way, Pyle, Bridgend CF33 6AB) for an informal chat or call 01656 749219.

New FAN at Golau Caredig

A NEW FAN (friends and neighbours) group is opening next week at Golau Caredig (the old cinema), Holton Road.

The meetings are free of charge and open to everybody, residents and non-residents alike. They will take place every Tuesday at 10.30am for one hour in the Meeting Room where a free hot drink will be served.

We will be taking turns to share stories from our everyday lives and listen to other's experiences as well as discussing a weekly topic. People who have attended other FAN groups have said they have enjoyed making new friends and feel happier after laughing with others at a meeting. You do not have to book, so come and try this new friendly group next week.

For further information, *email carolinefan2018@gmail.com*

Two Vale schools to be completely rebuilt

TWO Vale schools will get new buildings after Welsh Government increased funding.

Pencoedtre High School and St Nicholas Church in Wales School will be rebuilt after the Vale Council's cabinet approved the plans on January 7.

The two schools had been in line for refurbishments, but will now get new buildings as funding for the next stage of the Vale Council's 21st Century Schools Programme has risen to nearly £144 million.

The extra funding also means plans for a new and expanded Centre for Learning and Wellbeing, providing a 'therapeutic service' for vulnerable pupils, will be developed instead of the previously proposed Centre for Behavioural Excellence.

The "Centre for Behavioural Excellence" was intended to be built adjacent to Whitmore High School to replace the pupil referral unit at Amelia Trust Farm.

A cabinet report said the Whitmore High School site was no longer deemed suitable for the new centre and new location options are being explored.

The extra funding will also ensure a greater number of children with additional learning needs can be accommodated at Ysgol y Deri in Penarth.

The council said it will soon reveal plans for extensive further investment in primary provision across the Vale.

Band B of the 21st Century Schools Programme will invest £143,904 million in Vale schools, up from the £142,417 million Welsh Government originally committed to the project.

Welsh Government is set to contribute £84,567 million, with the council making up the other £59,337 million.

Vale Council Leader John Thomas told the cabinet on January 7: "It's an excellent news story that we can build a new school in Pencoedtre."

Matt Discombe, local democracy reporter

ADVERTORIAL

Your chance for some 'Tiny Talk'

HOW do we communicate with others, when we don't speak the same language?

How do you ask for help or understand others? How do we work out what babies want before they can talk?

The answer is baby signing, natural gesture and classes run every week during term time in Penarth, Sully and Colwinston. Babies can use their hands to wave, clap and point at objects from around six months and through these new classes, parents and babies can learn a whole range of signs to discover what their baby wants to say.

Although signing is fun to do with your baby, it's also easy to forget that it's so worthwhile. You're enabling your baby to communicate their interests, needs and thoughts long before they can speak. Why let them wait until their words can be formed?

With their much-loved mix of lively nursery rhymes, multi-sensory toys, instruments, books and playtime, plus with a special focus on easy-to-learn signs and the importance of understanding each other, it's a lesson not to be missed. After the session, we have a social time where we have hot drinks and biscuits for our hard-working families. It is a chance to chat to other new mums and make long lasting friendships, for you and your babies.

For more information go to www.tinytalk.co.uk/juliat.

Repair Cafe

REPAIR Cafe will resume in Llantwit Major on Saturday, January 12 at 10am-12 noon in Bethel Church Hall.

If we can repair your item, repairs are free but donations are welcome. Please bring only portable household goods; we can't handle large items, furniture, soiled or contaminated items. Refreshments are also available.

Follow us on Facebook - **facebook.com/GlamorganGEM**
and on Twitter - **@gem_news/@GEMSportsNews**

GORCHYMYN CYNGOR BRO MORGANNWG (A4226 WAYCOCK ROAD (LÔN 5 MILLTIR), Y BARRI) (CYFYNGIAD CYFLYMDER 30 MYA) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14(1) Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, yn bwriadu gwneud Gorchymyn mewn dim llai na 7 diwrnod i ddyddiad yr Hysbysiad hwn i wneud yr hyn a ddisgrifir yn yr atodlenni isod:

ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio'n gyflymach na 30 milltir yr awr rhwng y lleoliadau a nodir yn Atodlen 2 isod:

ATODLEN 2

Lleoliad: A42226 Waycock Road (Lôn 5 Milltir) y Barri o gylchfan Waycock Cross ar ei hyd i gyffordd Sycamore Cross wrth yr A48

Rheswm: Mae'r cyfyngiad yn cael ei weithredu i alluogi gwaith i wella'r ffordd.

Hyd: O 10.00 ar 1 Chwefror 2019 am hyd at 18 mis.

Hefyd, caiff y Gorchymyn o'r enw "Gorchymyn Cyngor Bro Morgannwg (A4226 Waycock Road (Lôn 5 Milltir) y Barri) (Cyfyngiad Cyflymder 30 mya) (Dros Dro)" 2018 ei ddiddymu.

Dyddiedig 10 Ionawr 2019

Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (A4226 WAYCOCK ROAD (5 MILE LANE), BARRY) (30MPH SPEED RESTRICTION) (TEMPORARY) ORDER 2019

12x6

The Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulations Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order, the general effect of which is as described in the schedules below:

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed at a speed greater than 30 miles per hour between the location specified in Schedule 2 below:

SCHEDULE 2

Location: The A42226 Waycock Road (5 Mile Lane) Barry from Waycock Cross Roundabout throughout its length to Sycamore Cross junction at the A48.

Reason: The restriction is being implemented to allow new road improvement works to take place.

Duration: From 10.00 Hours on 1st February 2019 for a maximum period of 18 months.

In addition, the order known as The Vale of Glamorgan Council (A4226 Waycock Road (5 Mile Lane), Barry) (30MPH Speed Restriction) (Temporary) Order 2018 shall be revoked

Dated this 10th day of January 2019

Director of Environment and Housing
Vale of Glamorgan Council, The Alps,
Wenvoe. CF5 6AA

GORCHYMYN CYNGOR BRO MORGANNWG (CHAPEL LANE EAST, PENARTH) (CAU FFORDD) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, mewn dim llai na saith diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a'i effaith gyffredinol fydd yr hyn a ddisgrifir yn yr atodlenni isod: -

ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad: Y ffordd sydd i'w chau yw Chapel Lane East o'r gyffordd ar Arcot Street i gefn Neuadd yr Eglwys

Rheswm: I alluogi gwaith ar ddymchwel yr Eglwys ac adeiladu Fflatiau a chanolfan Gymunedol i fynd rhagddo

Hyd: O 8.00am ar 21 Ionawr 2019 tan 5.00pm ar 20 Mai 2020

Llwybr Arall: Bydd dargyfeiriadau lleol wedi'u harwyddo ar waith.

DS: Cynhelir mynediad i drigolion a gwasanaethau brys.

Dyddiedig 10 Ionawr 2019.
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Gwenfô. CF5 6AA..

THE VALE OF GLAMORGAN COUNCIL (CHAPEL LANE EAST, PENARTH) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

9x6

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location: The road to be closed is Chapel Lane East from the junction at Arcot Street to the rear of the Church Hall

Reason: To allow for demolition of Church and build new Apartments and Community Centre works to be undertaken

Duration: From 8.00am on 21st January 2019 until 5.00pm on 20th May 2020

Alt. Route: Local signed diversions will be in place.

NB: Access will be provided for residents and emergency services.

Dated this 10th day of January 2019.
Director of Environment & Housing
Vale of Glamorgan Council, The Alps,
Wenvoe. CF5 6AA.

GORCHYMYN CYNGOR BRO MORGANNWG (STATION ROAD (RHAN) DINAS POWYS) (CAU FFORDD) (DROS DRO) 2019

Mae Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adran 14 Deddf Rheoleiddio Traffig Ffyrdd 1984 (fel y'i diwygiwyd) a'r holl bwerau galluogi eraill yn cynnig, mewn dim llai na saith diwrnod o ddyddiad yr Hysbysiad hwn, gwneud Gorchymyn a'i effaith gyffredinol fydd yr hyn a ddisgrifir yn yr atodlenni isod: -

ATODLEN 1

Ni fydd unrhyw berson yn achosi neu'n caniatáu i gerbyd modur deithio yn y lleoliad a nodir yn Atodlen 2 isod.

ATODLEN 2

Lleoliad: Y ffordd sydd i'w chau yw Station Road Dinas Powys o'r gyffordd â ffordd Caerdydd i'r gyffordd â'r Sgwâr.

Rheswm: Er mwyn galluogi gwaith i adnewyddu pibellau nwy i fynd rhagddo.

Hyd: O 8.00am ar 21 Ionawr 2019 tan 8.00pm ar 29 Mawrth 2019

Llwybr Arall: Bydd dargyfeiriadau lleol wedi'u harwyddo ar waith.

DS: Cynhelir mynediad i drigolion a gwasanaethau brys.

Dyddiedig 10 Ionawr 2019
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Gwenfô. CF5 6AA.

THE VALE OF GLAMORGAN COUNCIL (STATION ROAD (PART) DINAS POWYS) (ROAD CLOSURE) (TEMPORARY) ORDER 2019

11x6

The Vale of Glamorgan Council in exercise of its powers under Section 14 of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location: The road to be closed is Station Road Dinas Powys from its junction with Cardiff Road to its junction with the Square.

Reason: To allow for gas main replacement works to be undertaken

Duration: From 8.00am on 21st January 2019 until 8.00pm on 29th March 2019

Alt. Route: Local signed diversions will be in place.

NB: Access will be provided for residents and emergency services.

Dated this 10th day of January 2019
Director of Environment and Housing
Vale of Glamorgan Council, The Alps,
Wenvoe. CF5 6AA

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Bridgend Sports' mini and junior teams go to Pyle, Ebbw Vale, and Pontrhydyfen

THE under-7s travelled to Pyle where spectators saw some exciting running by both sides with the scores tied at half-time.

The young Sports players settled into their game by the start of the second half; they became more organised in defence and just edged the match through some great teamwork.

There were four tries each for Dion Williams and Isaac Davies, plus tries for Isaac Dando and Jesse Jones.

The man of the match went to Harley Morris who is a great team player in attack; he also put in a solid display in defence.

The 14-strong under-9s got straight to work against Pyle with skilful ball handling and a solid defence.

Their good play paid off with a total of nine tries to their opponents' five. Dan Perriman and Thomas Roberts scored three tries each, with Dan Flower, Max Hearing and Harry Trevelyan also getting to the try line.

Finlay Moore deserved a special mention as he remained on the field for the duration of the game on his debut for the Sports. Kayden Jones may be one of the smallest players on the field, but he made some fantastic breaks to set up a few tries with countless tackles against bigger opponents, rightly earning him star player, while Thomas Roberts was awarded tackler of the week.

The final score was Pyle 25, Bridgend Sports 45.

THE under-10s travelled to Pontrhydyfen and Oskar Amerin powered over in the corner to open the scoring.

The under-10s' team in action.

The Sports doubled the lead as speedster Noah Roberts outpaced the defence to score a great try. Pontrhydyfen should have scored at the end of the period only to be denied by a tremendous last gasp try-saving tackle from debutant Rhiwbyn David in what was his first-ever game of rugby.

In the second period, the home side deservedly got a try back with a great team move. They seemed galvanised by this and started to take the initiative before some great rucking by the Sports saw the ball eventually worked out to Lennon Griffiths who rounded the wing to score his first try of the game. Pontryhdyfen however, took back control by scoring two more tries.

The third period saw both Noah Roberts and Liam Sales each score great individual tries but Pontryhdyfen finished the period with another good try.

Going into the last period, the game became a little scrappier but Lennon Griffiths again weaved his way through tacklers to score another fine try.

An opposition try followed as the home side capitalised on some unfortunate Sports handling errors and the last play of the game allowed Pontrhydyfen to get a somewhat deserved equaliser and fittingly the game ended up all square, 30-30.

THE under-11s were victorious in their game against Pyle, who made them work hard for the win.

The Sports scored tries through Joe Perriman, Henry Dong, Joe Wright (2), Dylan Evans (2), Gabriel Burroughs (2), Finley Goodwin (2) and Madison Rees, with four conversions, two from Dan May and two from Charlie Paget.

Star player of the week was Joe Wright, who played his first game of the season. The final score was Pyle 19, Sports 63.

THE under-12s' winning streak came to an end at Ebbw Vale as they lost 12-0.

They faced a pumped-up side and ended up paying the price for some ineffective rucking. The players were disappointed but will learn from the experience.

THE under-13s hosted Penlan from Swansea.

Megan Lewis broke from a maul to score out wide for the opening try and Chloe Gant powered over on the blindside to extend the Sports lead. Ieuan Pilliner added the conversion.

The next try was down to the individual strength, speed and power of Connor Jones, Cian John adding the conversion, and the Jones and John combination secured the next seven points for the Sports to extend their lead before Penlan centre Harry Abazzie scored a good individual try which was converted.

This gave the away side some confidence but unfortunately for them, Megan Lewis broke from the ruck to score her second try before Ben King added the last try of the half, which was also converted, for the Sports to lead 38-7.

Penlan's Mackenzie Williams secured an early score to peg the score back to 38-12, but Sports' right wing Tom Chick showed he could match this when he was put in similar space and scored in the corner.

Iestyn John ran in the next try before Megan Lewis scored her third try of the game; Ieuan Pilliner added the conversion before Connor Jones capped off the game with his third try of the game for the Sports to make a positive start to 2019.

Squad: Abi Davies Jones; Ben King; Callum Jones; Callum Lewis; Chloe Gant; Cian John; Connor Jones; Dylan Morgan; Iestyn John; Ieuan Pilliner; Jack Morgan; Jodie Keane; Mason Balmer; Megan Lewis; Mollie Prance; Theo Clarke; Thomas Chick; Thomas Coles; Tyler Burton; Will Ellis.

THE under-15s had a hard-fought match against a strong, well-organised and physical Cefn Coed side.

The Sports went in 0-7 at half-time but responded well to show some good intensity in the second half. A second half try from James Murray, converted by Sam Goodwin, put the Sports back in the game, but it wasn't quite enough against a very strong defensive side, and the final score was Bridgend Sports 7, Cefn Coed 17.

Luke Yates deserves high praise for stepping in as a replacement hooker, while Joe Ezard deserved the man of the match award.

SP

Bridgend Bridge Club news

THE latest results for Bridgend Bridge Club are as follows:

On January 2: first, Tony Disley and John Evans; second, Graham Jones and Irene Thomas; third Norma and David Newman. The winners on handicap were Tony Disley and John Evans.

On January 3: first, Eileen Mahoney and Jeff Barnett; second, Leila O'Hagan and Margaret Roach; third Paul Lyne and Joan Ralph. The winners on handicap were Leila O'Hagan and Margaret Roach.

On January 4: first, Norma and David Newman; second, Glenda Roberts and Liam Sheridan; third, John Beard and Glyn Williams. The winners on handicap were Gareth Jenkins and Paul Lyne.

Regular club nights take place on Wednesday and Friday evenings at Nolton church hall. Play is scheduled to start at 7pm; to enable a prompt start it helps if players arrive at least 10 minutes early.

On Thursday afternoons at 2pm, again at Nolton church hall there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner, visitors and new members are always welcome.

On Thursday, at 1pm Steve Burgoyne will start a new series of seminars on the rules of Bridge.

GJ

Ath seconds win out in close game

WITHOUT a game since October 27 due to Autumn Internationals and inclement December weather, Bridgend Athletic second XV dusted off the cobwebs to record a seasonal WRU league double over west Wales rivals Ammanford with a narrow 12-10 victory, outscoring their opponents by two tries to one.

This moved the Athletic to second position behind Penallta in the league with four victories from their five fixtures.

The first half was well-contested with the action to and fro. The Ath failed to capitalise on some breaks.

Ill discipline saw the referee lose patience and following a team warning, Athletic lock Aled Pilliner paid the price with a yellow card. Ammanford kicked the resultant penalty to give them a 3-0 half-time lead.

In the second half the Athletic started to use their ball carriers to set up field position with Callum Swinford, Lloyd Pemberton, Aled Pilliner, Lewis Dando and Geraint Lang prominent.

The first Athletic try came from lineout possession and moving the ball wide with a floated pass from Scott Jones finding wing Andrew West to cross wide out on his comeback game after a few seasons away from the action.

Aaron Mordecai led the team from the front, excelling in both attack and defence. Nick Jones, making his 100th Athletic senior appearance, was like a terrier with chop tackles. Lloyd Pemberton was also prominent in the tackle count.

The second try came from Cameron Thomas, finishing off several phases with pick and goes from Lewis Dando and Callum Swinford inside the Ammanford 22. Scott Jones added the conversion to stretch the lead to 12-3.

Ammanford did strike late on with a converted try to leave the final score 12-10 to the Athletic, with four league points for the Ath and a losing bonus point for Ammanford. It was a good all-round team performance from the Athletic.

This Saturday, January 12, the Athletic visit Cardiff Metropolitan for another WRU Conference league game.

The Ath youth played against a strong Cwmavon team in an Ospreys Youth East Division fixture with the final scoreline 19-50 to Cwmavon.

This was the first game for the Athletic boys to show what they can do for the new youth coaching set-up and they certainly excelled in every department.

However, this scoreline did not reflect the game in any way and every single Ath player should be proud of what they contributed.

The game started with the Ath only able to field 13 players; however, every single player gave their all in a fantastic, fast game.

After 10 minutes Cwmavon were 10-0 up after two excellent tries. Things were not looking good, however, the Ath rolled their sleeves up and got stuck in.

Pressure from the Ath inside their 22-saw centre Owen Thomas smash through a few tackles and round the opposition to score under the posts for a fantastic try, converted by outside half Ethan White (who had a fantastic game throughout).

A short while later, Josh Llewellyn drove over for a well-deserved try, again converted by Ethan, to take them into a 14-10 lead.

Fantastic grit, commitment and guile, typified by Emyr Anthony diving onto loose ball two metres out from his own line, saving a definite try, saw the Ath going into the break 14-10 up.

This despite Cwmavon constantly swapping players on and off to use the 23 players they brought with them.

The second half started with Cwmavon scoring three tries to make the game safe.

Many teams, by this time would simply have given up. However, great handling saw Cameron Lewis give a great pass to emergency winger Morgan Bennett. Morgan used his pace to round his winger, handing him off to score a great corner try, the conversion narrowly missed by Ethan White.

Cwmavon then hit back with a length of the field try by their outside half to end the game, and by this time the Ath were down to 11 players.

However, every single player continued to give 100 per cent commitment despite being out on their feet. All in all, a fantastic effort from all 13 players. The coaches are extremely proud of each player – hopefully more players will come back to play for a very committed, talented bunch of boys.

AB

Good win for Maesteg Celtic

Lloyd Jenkins scores for Maesteg Celtic.

CONTINUED FROM PAGE 36

As Alex was tackled he slipped the ball to wing Lloyd Jenkins for his second touch down. Skewen closed the gap to one point with converted try before Harris opened the gap to four points with his second penalty.

Skewen threw everything at the Celtic in time added on for injury, but the Celtic defence held out despite losing a player to a yellow card.

Flanker Ryan Turner was awarded man of the match.

KS

Nick is an Athletic centurion!

IN Bridgend Athletic seconds' 12-10 WRU League Conference win over Ammanford on January 5, Nick Jones became the latest player to join the Senior 100 Club with his 100th senior Ath appearance.

Nick first featured for the Ath in the mini and juniors, and following a mis-spent youth (no rugby), Nick spent a season at Ogmore Vale RFC.

He made his senior Athletic debut in 2010-2011 and has played 93 times for the second XV and seven for the first XV.

Most of those appearances in recent years have come at scrum half in a half back partnership with brother Scott, though he has also made appearances at centre outside Scott when required.

He has scored 18 senior tries and 118 points. During his first three seasons of senior rugby the Ath seconds competed in the national second XV league for clubs with first XVs in the top tiers of Welsh rugby.

Nick first captained the second XV in 2016-2017 when the team defeated Bridgend Sports second XV 18-16 to lift the Barrie Morris Memorial Mid Glamorgan District Cup.

That season, he also made five first XV appearances including an aggressive performance in an excellent 31-13 away victory at Ystalyfera in a Division 1 West Central fixture.

Nick Jones.
PICTURE BY JOHN CANNON

He continued as second XV captain the following season, 2017-2018, when the second XV entered the inaugural WRU Conference League for second XV teams. The team defeated Rhiwbina second XV 22-7 in the final game of the season to finish top of tier two of that league.

Through choice, Nick has been happy to play second XV rugby and has served that team with distinction. The second XV are very important to the club.

Many of the current first XV squad started with the seconds including current first XV captain Ben Howe. Nick, when called on by the first XV, has always put in sound and competent performances at scrum half.

Nick commented: "Since re-joining the Athletic I have never looked back and enjoyed every minute of my time with the club. My proudest moment was captaining the Athletic second XV to victory in the Barrie Morris Memorial Mid Glamorgan District Cup Final."

AB

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Public Notice

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Family Notices

PHIPPS
Mary Rosina (*née* Lynch)

Peacefully after a long illness at the Waverley Care Centre, Penarth on Monday 31st December, aged 82 years. Devoted wife of the late Ray, much loved mam to Stephen and Paul and mother-in-law to Bernadette. Proud nan to Benjamin and Abigail.

Mary will be sadly missed by all her family and friends in the UK and abroad.

Mary's family wish to thank all family members, friends, neighbours, carers, health and social care workers who helped care for her at home, in Llandough Hospital and latterly at the Waverley and for their support for the family as her illness progressed.

Resting at A.G. Adams Funeralcare until being received into St Helen's Roman Catholic Church on Thursday, 17th January at 4.30pm, followed by Requiem Mass on Friday, 18th January at 10am and interment at Barry Cemetery. Flowers may be sent or donations in lieu if so desired for Alzheimer's Society c/o the funeral director.

KELLS
Deborah Ann (Debbie) (*née* Last)

Peacefully on 28th December at Marie Curie Hospice, surrounded by loved ones – Debbie, well known within Barry and dearly loved wife to Jimmy. Much loved mum of Charlotte and Sean, doting Nanna Bell of Teagan, Macsen and Ava. A loving daughter to Pat and Doug Last, loved sister of the late Nicola.

She will be greatly missed by all who knew and loved her.

Debbie is resting in the care of Lyndsay Ellis @ The Vale Funeral Service until a celebration of her life at Cardiff & Glamorgan Crematorium, Barry on Tuesday, 15th January at 1pm.

Family floral tributes only. Donations, if desired, may be made at the service or via Debbie's online tribute page at www.valefuneralservice.co.uk to support Marie Curie Hospice, Penarth

Funeral arrangements entrusted to Anthony Thomas 01446 407962.

KIDDIE
Gertrude (*née* Morris)

After a short illness, at Llandough Hospital on 29th December 2018, aged 97 years, loving mother to Ronald and Alan, mother-in-law to Angela and Denise, cherished grandmother and great-grandmother to all her grandchildren.

Gert will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare, until the service at Cardiff & Glamorgan Crematorium on Friday, 11th January at 3pm.

Family flowers only, donations may be made in memory of Gert directly to Diabetes UK, Well Lawrence House, 126 Back Church Lane, London, E1 1FH.

VOSS
Jean
(of Wick)

Peacefully in her sleep on 17th December 2018 in the Hazlehurst Nursing Home, Penarth, at age 93. Wife of Vic for over 60 years. Loving mother of Roy, Shane and Ingrid, loving Granny to Maddy, Jake, Toby, Bryn and Nye. Much loved by all the wider family.

Funeral Service at the Cardiff & Glamorgan Memorial Park and Crematorium, Port Road East, Barry, Vale of Glamorgan, CF62 9PX on Monday, 14th January at 3pm. Informal cheerful dress code. All welcome.

Family flowers, a suggestion for donations in lieu would be Macmillan Nurses.

Afterwards there will be a buffet at the Lamb & Flag, Wick, CF71 7QE. All welcome, whether or not attending crematorium.

PARFITT
Jacqueline Anne (*née* Collins)

Peacefully on 4th January 2019, Jackie, aged 69 years. Much loved aunt and cousin also a dear friend.

Resting at A.G. Adams Funeralcare until the service at Cardiff & Glamorgan Crematorium on Thursday, 17th January at 10am.

No flowers by request, donations in lieu, if so desired for The Dogs Trust c/o the funeral director.

CLEMENTS
Jeanette

Passed away peacefully at Llandough Hospital on 23rd December. Jeanette of Somerset Road East, Barry, dearly beloved sister of Lyndon and Joyce. Loving aunt to all her nieces and nephews.

Resting in the care of Lyndsay Ellis at the Vale Funeral Service, Court Road, Barry until her service at Cardiff and Glamorgan Crematorium, Barry on Tuesday, 15th January at 11am.

Flowers may be sent to the funeral home.

Funeral arrangements entrusted to Anthony Thomas

Further information telephone 01446 407962.

HODGKINSON
George

Peacefully on 27th December at home, George of The Downs, St Nicholas. Much loved husband of Jean, loving father of Jeff and Leslie. Father-in-law of Meinir and Sue. Dear grandfather of Michael, Louise, Nicola, Katie, Paul, Josh, Luke and Ellis.

Sadly missed by all.

Resting at Penarth Funeral Directors, Hickman Road Funeral Home until the service at St Nicholas Church, St Nicholas village on Thursday, 10th January at 2.30pm, followed by burial in the churchyard.

Family flowers only. Donations for Guide Dogs for the Blind may be received on the day.

WITHERS
Marion Flora

Passed away peacefully at Springbank Nursing Home, on 28th December 2018, aged 90 years.

Funeral service to take place at St Mary's Church, Barry at 1pm on Wednesday, 16th January, followed by committal at Cardiff and Glamorgan Crematorium, Port Road East, Barry at 2pm.

Family flowers only. Donations, if desired, can be made to RNLI Barry in memory of Marion.

THOMAS
Sheila

Passed away peacefully on 29th December 2018 at the Princess of Wales Hospital. Beloved wife of Louis, mother of Maxwell, mother-in-law of Ruth.

Sheila will be sadly missed by all her family and friends.

Cremation and service at Coychurch Crematorium at 2.15pm on Thursday, 17th January 2019. Donations in lieu of flowers to RNLI (Barry branch), The Pierhead Buildings, The Outer Harbour, Barry Docks, Barry, CF62 6QS.

EWING
Ronald Wyatt

Died peacefully at home on Saturday, 29th December 2018, aged 82 years. Much loved, he will sadly be missed by his wife Shirley, family and friends.

The funeral will take place at Coychurch Crematorium on Friday, 18th January 2019 at 2.15pm.

Family flowers only please. Donations to Cancer Research Wales, if desired, can be sent to Cancer Research Wales, Velindre Hospital, Whitchurch, Cardiff, CF14 2TL.

SCOTT
Tim

It is with great sadness that we announce the sudden death of Tim on 18th December 2018.

Tim will be deeply missed by all of his family.

The funeral will take place on Monday, 21st January 2019 at Croesyceiliog Crematorium, Cwmbran at 10am.

MILES
Patricia Jean

Peacefully on 27th December at Marie Curie Hospice in Penarth, Pat (née Billington) in her 67th year. Greatly missed by her husband Ronnie; daughters Maxine, Mellonie and the late Mallissa; grandchildren Myles, Matthew, Mathias and Edgar James and 'In laws' Paul and Fern.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Monday, 14th January, service and cremation 3.15pm at Coychurch Crematorium, Bridgend. Family flowers only. Donations in Pat's memory to Marie Curie Cancer Care, Holme Tower, c/o the funeral director.

MORGAN
Gwynneth Mary

Peacefully at Brocastle Manor Nursing Home on Sunday, 6th January, aged 87 years. Beloved wife of Ray Morgan, Blacksmith - Picketston.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Funeral Monday, 21st January, service and cremation 11am at Coychurch Crematorium, Bridgend. Family flowers only.

LINTON
Clive

It is with a broken heart the family announce the passing of Clive. Much loved and devoted husband, father, bampy, father-in-law and uncle.

Resting at the Private Funeral Home of W. James & Sons, Fonmon. Service to celebrate Clive's life on Friday, 18th January 1pm at St Mary's Church, Penmark. Family flowers only, donations in Clive's memory to the Donkey Sanctuary c/o the funeral director.

WATERS
Kathleen Rose (*née* King)

Passed away peacefully on Wednesday, 2nd January 2019 at University Hospital Wales, after a short illness. Wife of the late Jimmy, mother to Gaynor, the late Adrian, the late David, Ian and Sara-Jane. Kathleen is survived by her 10 grandchildren and 14 great-grandchildren.

Resting at Robert D. Johnson Funeral Directors, 29 Holton Road, Barry. Funeral service to take place at Cardiff and Glamorgan Crematorium, Port Road, Barry on Monday, 21st January at 1pm.

Family flowers only by request, but donations may be made in lieu of flowers to Holme Towers, Penarth.

Friends and family are welcome at The Cherry Orchard, Barry following the service.

Acknowledgements

JAMES
Thomas (Tom)

Lynne, Simon and Stuart wish to thank family and friends for their kind messages and for attending Tom's celebration of life.

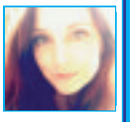
Thank you to the doctors and staff at Holme Towers, Kate Weston, Humanist and Robert D. Johnson Funeral Directors for their help and support at such a heartbreaking time.

Also, thank you to everyone who kindly donated to Holme Towers in Tom's memory.

Graduation Notice

Ms Rebekah Louise Dee

MA, PGCE, BA (Hons)



Bamp and I wish to congratulate you on attaining your Masters Degree.

You have worked so hard and truly deserve your success.

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All our love always, Nan & Bamp Dee xxx

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Lindy xxx

MAC ANDERSON
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Love Ross & Toni xxx

Mac Anderson
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Lots of Love
Nicola & Lee xxx
70

Mac Anderson
Have a lovely 70th Birthday
'Old Fella'
(Gramp, Bamp & Mac)
on 14th January
Enjoy your day!
Love Cez, Cian, Taya & Lucca xxxx
70

Happy 60th Birthday
Mum
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xxx

Congratulations on your
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MICHAEL GILL
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EDITOR

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Who We Are

The Monmouthshire Beacon and Chepstow Beacon, part of the Tindle Group, are newspapers serving the local communities of Monmouth and Chepstow and the surrounding areas. The mission of the Tindle Group is to reach the heart of the diverse communities we serve with informative and engaging media products while at the same time providing a valuable promotional vehicle for our advertisers. Print titles are supported by dedicated websites, digital editions and an active social media presence, using Facebook and Twitter.

The Role

As editor, you will lead our editorial team taking responsibility for their daily tasks and ensuring that the right stories and engaging content is being worked on and written to the highest standard. You will also be expected to deliver your own stories, contributing to the content of our newspapers and online platforms. You will work with, and report directly to, the General Manager.

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The Applicant

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Gerald gets his revenge at St Athan Golf Club

THE first Sunday of January is always reserved for the traditional 'Captain's Drive-in' at St Athan Golf Club and the members were fortunate that the recent easterly winds had diminished for the day.

As is customary, Liz Thomas relinquished the captain's jacket and presented it to Gerald Thomas, who takes the helm throughout the coming year, assisted by newly appointed vice-captain Luke Sloan.

Gerald appeared relaxed on the tee and impressed his fellow golfers with a magnificent drive down the first fairway, resulting in Gary James being the lucky recipient of a bottle of whisky for correctly estimating where the captain's ball would come to rest.

With the formalities completed, the Pee Wee competition was then played in high spirits with a four-ball-better-ball captain versus vice-captain format.

Several players were competing in this event for the first time and they were delighted, albeit surprised, to find that their new captain had strategically placed various bottles of spirits around the course; they were assured by long-standing members that it was purely medicinal in enabling them to maintain a constant body temperature throughout the competition!

Since the formation of the club in 1976, the team representing the vice-captain has always had more success than their opponents, only an incorrect score card entry depriving them in 2018, and leaving Gerald, as last year's vice-captain, with a score to settle.

Gerald had cherry-picked his son, Will, as his partner and they complimented each other perfectly, both players carding a two and completing their game with 46 points, putting them at the top of the leader board. Three pairings returned 45 points which, after the count-back rule was implemented, resulted in Tom Tait and Gwyn Favell being awarded second place.

Gerald was ecstatic when the final team score was announced, 8-3 to the captain's side. He duly accepted the trophy, a chamber-pot laden with alcohol, to pass around the victors.

The challengers were generous with their plaudits and were extremely enthusiastic in assisting the winners in consuming the contents of the pot and as the day came to a close they were definitely more vocal with the predicted outcome for 2020

Gerald and his fellow members at St Athan Golf Club extend their warm wishes to all fellow golfers.

They offer a warm welcome to golfers of all ages and ability, anyone interested in joining the club should contact the manager on 01446 751043.

Carol Morgan

All-day bowls competition at Sully a success

FOLLOWING the great work of recent years, the new officers of Sully Indoor Bowls Stadium have embarked on a very proactive plan to bring life back to the social side as well as the bowling side.

Over the festive period a very successful all-day triples tournament was held. With breakfast and lunch included, 24 teams enjoyed a good day's sport and by tea time it was down to a final between the Devils - Lynva Bowen, Sue Britton and Hugh Mulcock - against Bam Rhoose - Sue Dance, Annette Shears and Brian Shears.

The Devils held on over seven ends to win this first event and special thanks must go to CAB 64 for their sponsorship.

As well as changes to the bowling surface, new lighting, redecoration, and new computer systems in the stadium have brought a new lease of life.

On Thursday afternoons bingo sessions have started all are welcome and there are plenty of events scheduled over the next few months.

TM

Barry Athletic under-18s are kitted out

BARRY Athletic are pictured in their new kit sponsored by successful business ORBITS IT.

After a very impressive double in the junior football last season, Barry Athletic are embarking this year in the South Wales Youth League (under-18s) with a huge amount of confidence. Barry Athletic are the only team to represent Barry at this level.

The team have had an excellent start, winning nine of their first 11 games. The team have their sights set on a top two spot, and have also reached the last sixteen of the League Cup.

The club and coaches would once again like to thank ORBITS IT for their sponsorship and support this season, with a special thanks to Jim Lewington, managing director, and Dean Bengough, operations manager.

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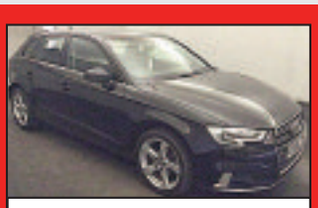

2016 (66) AUDI A3 1.6TDI SPORT SPORTBACK (S/S) 5DR, LEATHER, NAVIGATION, NEW MODEL £14,990

2013 (63) AUDI Q5 3.0 TDI S LINE PLUS S TRONIC QUATTRO (S/S) 5DR 245 BHP QUATTRO FSH, NAV LTHR £19,945

2016 (16) AUDI RS3 2.5 TFSI SPORTBACK S TRONIC QUATTRO 5DR (NAV) 31,000 MILES, FSH, NAV, DAB, LTHR £31,990

2015 (15) BMW 1 SERIES 1.5 116D SPORT SPORTS HATCH (S/S) 5DR, JUST 43,000 MILES, BMW HISTORY £10,945

2013 (63) BMW 1 SERIES 2.0 116D SE SPORTS HATCH (S/S) 5DR 55,000 MILES, FSH, DAB, BLUETOOTH £8,490

2015 (65) BMW 4 SERIES GRAN COUPE 2.0 420D M SPORT GRAN COUPE XDRIVE (S/S), 5DR, MASSIVE SPEC, PRO NAVIGATION £15,990

2012 (12) BMW 5 SERIES 2.0 520D BLUE PERFORMANCE M SPORT TOURING 5DR, JUST 50,000 MLS, FSH, NAV, LTHR . £13,490

2018 (18) BMW X2 2.0 20D M SPORT X XDRIVE (S/S) 5DR, 3,700 MLS, 1 OWNER, HUGE SPEC £30,990

2014 (14) FORD TRANSITCUSTOM 2.2 TDCI ECONITEC 270 L1H2 PANEL VAN, JUST 60,000 MILES, FSH 4X STAMPS £9,990

2015 (65) BMW X4 2.0 M SPORT XDRIVE 5DR, 1 OWNER, HARMAN KARDON PRO NAV £22,490

2016 (16) FORD FIESTA 1.6 ECOBOOST ST-3 3DR, 1 OWNER, SYNC NAVIGATION CRUISE . . . . . S£10,790

2015 (15) FORD TRANSIT 2.2TDCI 350 L3H2 PANEL VAN RWD, 52,00 MLS, FSH . . . . . £11,990 NO VAT

2014 (64) FORD TRANSIT CUSTOM 2.2 TDCI 310 L2H2 PANEL VAN, 46,000 MLS, 1 OWNER £9,995

2014 (64) FORD KUGA 2.0 TDCI TITANIUM 5DR, JUST 1 OWNER, ONLY 17,000 MILES £11,490

2014 (64) FORD KUGA 2.0 TDCI TITANIUM 5DR RARE COLOUR 29,000 MLS, FSH £11,306

2015 (15) BMW 1 SERIES 2.0 120D M SPORT (S/S) 3DR, 1 OWNER, 51,00MLS, DAB, BLUETOOTH £13,559

2012 (12) HYUNDAI i40 1.7 CRDi PREMIUM 5DR, NAVIGATION, HEATED LEATHER, BLUETOOTH £6,990

2015 (65) JAGUAR XE 2.0 TD PRESTIGE 4DR, 1 OWNER, NAVIGATION, LEATHER PDC £12,790

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2015 (15) MINI HATCH 2.0 COOPER S (S/S) 5DR, CHILI PACK, DAB, MINI HISTORY, HUGE SPEC £12,790

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2009 (09) MAZDA MX-5 1.8 SE ROADSTER 2DR, ELECTRIC HARDTOP, 16" ALLOYS £3,990

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2010 (10) MAZDA MX-5 2.0 SPORT TECH 2DR, JUST 29,000 MLS, FSH, 9 X STAMPS £7,614

2009 (09) MERCEDES-BENZ C CLASS 2.1 C220 CDI BLUE EFFICIENCY SPORT 4DR, ONLY 35,000 MILES, FSH, 64.2MPG £8,995

2016 (16) MERCEDEZ-BENZ CLA CLASS 2.1 CLA200 SPORT COMAND SHOOTING BRAKE, 7G-DCT (S/S) 5DR, 1 OWNER, REAR CAMERA, XENON PDC £17,990

2015 (15) MERCEDES-BENZ E CLASS 2.1 CDI BLUETEC SE 7G-TRONIC PLUS 5DR, 34,000 MILES, NAV, HTD LEATHER, DAB ...£15,990

2015 (15) MERCEDEZ-BENZ E CLASS 3.0 CDI BLUETEC AMG NIGHT EDITION 9G-TRONIC PLUS 5DR, ONE OWNER, FULL SERVICE HISTORY £17,444

2015 (65) MERCEDEZ-BENZ GLC CLASS 2.1 GLC220D SE 4MATIC (S/S) 5DR 168 BHP 4X4 FULL LEATHER £24,990

2012 MERCEDEZ-BENZ SLK 1.8 SLK200 BLUE EFFICIENCY AMG SPORT 7G-TRONIC PLUS 2DR, FULL LEATHER, FSH, PAN ROOF £11,990

2016 (16) BMW 1 SERIES 2.0 120D M SPORT HATCH (S/S) 3DR, NAVIGATION, DAKOTA LEATHER PDC £12,990

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2008 (58) BMW 3 SERIES 2.0 320D M SPORT EDITION TOURING 5DR, 50,000MLS, FSH, 18" ALLOYS £8995

2014 (64) MERCEDES-BENZ E CLASS 2.1 E300 BLUETEC AMG LINE 7G-TRONIC PLUS DIESEL HYBRID £17,995

2011 (61) BMW 3 SERIES 3.0 325D SE 4DR NAVIGATION AUTO PDC B/T CRUISE ..£9,990

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16 66 VW GOLF 2.0 TSI R 5dr DSG 4WD, VW warranty Nov 2019, sat nav, heated seats, 18k, choice **£23495**

17 67 LAND ROVER RANGE ROVER EVOQUE 2.0 SI4 290 Autobiography 5dr Automatic, Land Rover warranty Nov 2020, sat nav, 20"alloys, reverse camera, grey, 7k, full leather **£39995**

16 66 AUDI A7 3.0 TDI Quattro S-Line Black Edition 5dr Automatic, Audi warranty Oct 2019, sat nav, 21"alloys, 23k, bose, white, full leather **£27995**

16 16 KIA SPORTAGE 1.6 T GDI GT-Line AWD 5dr, Kia warranty Aug 2023, sat nav, 19"alloys, full leather, 10k, choice **£16795**

16 66 LAND ROVER RANGE ROVER VOGUE 3.0 TDV6 Vogue 4dr Automatic, Land Rover warranty Sept 2019, pan roof, sat nav, grey, full leather **£44995**

17 17 LAND ROVER DISCOVERY SPORT 2.0 TD4 SE 5dr Tech Pack Automatic (7 Seater), Land Rover warranty April 2020, sat nav, 10k, black, half-leather **£26995**

16 66 AUDI S3 2.0 TFSI Quattro 3dr (306bhp), Audi warranty Nov 2019, sat nav, heated seats, xenons, 23k, white, half-leather **£23995**

16 66 VW TIGUAN 2.0 TDI BMT SE NAV 4Motion 5dr DSG Automatic, VW warranty Dec 2019, sat nav, 18"alloys, cruise, 5k, choice **£21995**

15 65 BMW X4 2.0 DXDrive M Sport 5dr Automatic, sat nav, 19"alloys, privacy glass, black, full leather **£20795**

16 66 FORD EDGE 2.0 TDCI 210 Titanium 5dr Powershift 4WD, Ford warranty Oct 2019, sat nav, cruise, 19"alloys, reverse camera, black **£21995**

12 62 VW TIGUAN 2.0 TDI R-Line 5dr 4Motion, sat nav, 18"alloys, 28k, white **£13995**

16 66 BMW 335 DXDrive M Sport Estate Automatic, BMW warranty Dec 2019, Harman kardon, 19"alloys, sat nav, red, full leather **£20795**

16 16 JEEP RENEGADE 2.0 M-Jet II Longitude 5dr 4WD, Jeep warranty Sept 2019, sat nav, pan roof, 17"alloys, blue, 22k **£13495**

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15 65 AUDI Q3 2.0 TDI Quattro S-Line Plus 5dr S-Tronic, sat nav, dab, heated seats, 33k, grey, half-leather **£20995**

14 64 AUDI Q7 3.0 TDI Quattro S-Line Plus 5dr Tiptronic (7-Seater), sat nav, pan roof, reverse camera, bose sound system, 42k, grey, full leather **£27995**

16 66 BMW 335 DXDrive M Sport Estate Automatic, BMW warranty Dec 2019, Harman kardon, 19"alloys, sat nav, red, full leather **£20795**

15 64 BMW 420 DXDRIVE M Sport Gran Coupe 5dr automatic, pro sat nav, 19"alloys, Harman kardon, full leather, 26k, met black **£19995**

15 65 BMW 420 DXDrive Luxury 2dr Coupe Automatic, sat nav, heated seats, 39k, grey, full leather **£17995**

16 16 BMW 420 DXDRIVE M Sport Gran Coupe 5dr automatic, 19"alloys, widescreen sat nav, 23k, met grey, full leather **£21995**

16 16 BMW X1 2.0 DXDrive M Sport 5dr, BMW warranty June 2019, sat nav, heated seats, 24k, met white **£19995**

16 66 BMW X3 2.0 DXDrive M Sport 5dr Automatic, BMW warranty Dec 2019, sat nav, 19"alloys, grey, full leather **£21995**

15 65 BMW X4 2.0 DXDrive M Sport 5dr Automatic, sat nav, 19"alloys, privacy glass, black, full leather **£20795**

16 66 FORD EDGE 2.0 TDCI 210 Titanium 5dr Powershift 4WD, Ford warranty Oct 2019, sat nav, cruise, 19"alloys, reverse camera, black **£21995**

16 66 HYUNDAI SANTA FE 2.2 CRD Premium 5dr Automatic (7-Seater), Hyundai warranty Sept 2021, sat nav, 18"alloys, cruise, privacy glass, 18k, black, full leather **£20995**

16 16 HYUNDAI SANTA FE 2.2 CRDI BlueDrive Premium SE 5dr Automatic (7-Seater), Hyundai warranty July 2021, sat nav, pan roof, heated seats, reverse camera, 19"alloys, 21k, beige with full leather **£21495**

16 66 HYUNDAI SANTA FE 2.2 CRD BlueDrive Premium SE 5dr Automatic (7-Seater), Hyundai warranty Jan 2021, sat nav, pan roof, reverse camera, black, 19"alloys, 9k, full leather **£23995**

16 66 HYUNDAI TUCSON 2.0 CRD Premium 4WD 5dr Automatic, Hyundai warranty Dec 2019, sat nav, reverse camera, 19"alloys, 18k, grey, full leather **£19495**

17 67 JAGUAR F-PACE 3.0 DV6 S AWD 5dr Automatic, Jaguar warranty Jan 2021, sat nav, 20"alloys, reverse camera, 9k, black, full leather **£39495**

15 15 JEEP CHEROKEE 2.0 CRDI Limited 5dr 4WD Automatic, sat nav, reverse camera, choice, 12k, full leather **£15995**

15 65 JEEP CHEROKEE 2.2 MultiJet II 200 Limited 5dr 4WD Automatic, sat nav, pan roof, reverse camera, 38k, white, full leather **£16995**

17 67 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr 4WD Automatic, Jeep warranty Oct 2020, sat nav, reverse camera, privacy glass, 12k, black, full leather **£23995**

14 64 JEEP GRAND CHEROKEE 3.0 CRD Limited 5dr 4WD Automatic, reverse camera, dab, grey, full leather **£18495**

16 16 JEEP GRAND CHEROKEE 3.0 CRD Summit 5dr 4x4 Automatic, Jeep warranty April 2019, sat nav, pan roof, reverse camera, 20"alloys, met red, full leather **£23995**

16 16 JEEP RENEGADE 2.0 M-Jet II Longitude 5dr 4WD, Jeep warranty Sept 2019, sat nav, pan roof, 17"alloys, blue, 22k **£13495**

15 65 KIA SORENTO 2.2 CRD KX3 5dr Automatic AWD (7-Seater), Kia warranty Dec 2022, pan roof, reverse camera, 21k, white, full leather **£22995**

18 68 KIA SORENTO 2.2 CRDI GT-Line S 5dr Automatic (7-Seater), Kia warranty Sept 2025, pan roof, sat nav, reverse camera, only 527 miles, grey, full leather **£34995**

16 16 KIA SPORTAGE 1.6 T GDI GT-Line AWD 5dr, Kia warranty Aug 2023, sat nav, 19"alloys, full leather, 10k, choice **£16795**

16 66 KIA SPORTAGE 1.6 T-GDI GT-Line 5dr Automatic AWD, Kia warranty Sept 2023, sat nav, reverse camera, heated seats, 24k, black, full leather **£18995**

15 65 KIA SPORTAGE 2.0 CRDI KX-3 5dr 4WD, Kia warranty Oct 2022, pan roof, reverse camera, 31k, black, full leather **£14295**

16 16 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, met red, full leather **£19495**

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16 66 KIA SPORTAGE 2.0 CRD KX-2 5dr Automatic 4WD, KIA warranty Oct 2023, sat nav, reverse camera, cruise, 24k, silver **£16995**

16 66 KIA SPORTAGE 2.0 CRDI First Edition 5dr AWD Automatic, Kia warranty Oct 2023, pan roof, sat nav, 19"alloys, reverse camera, 24k, white, full leather **£21495**

17 67 KIA SPORTAGE 2.0 CRD GT-Line S 5dr Automatic, Kia warranty Oct 2024, sat nav, pan roof, reverse camera, 13k, red, full leather **£22995**

15 65 LAND ROVER DISCOVERY SPORT 2.0 TD4 180 HSE Black 5dr Automatic 4x4 7-Seater, pan roof, sat nav, reverse camera, 20"alloys, 26k, orange, full leather **£26995**

17 17 LAND ROVER DISCOVERY SPORT 2.0 TD4 SE 5dr Tech Pack Automatic (7 Seater), Land Rover warranty April 2020, sat nav, 10k, black, half-leather **£26995**

15 65 LAND ROVER DISCOVERY 4 3.0 SD V6 SE Tech 5dr Automatic (7-Seater), sat nav, 19"alloys, cruise, 30k, silver, full leather **£29795**

17 67 LAND ROVER RANGE ROVER EVOQUE 2.0 SI4 290 Autobiography 5dr Automatic, Land Rover warranty Nov 2020, sat nav, 20"alloys, reverse camera, grey, 7k, full leather **£39995**

15 65 LAND ROVER RANGEROVER EVOQUE 2.0 TD4 HSE Dynamic 5dr, sat nav, reverse camera, 20"alloys, 20k, red, full leather **£27495**

15 15 LAND ROVER RANGEROVER EVOQUE 2.2 SD4 Pure 5dr 4WD Automatic, pan roof, heated seats, 36k, met red, full leather **£20795**

16 66 LAND ROVER RANGE ROVER EVOQUE 2.0 TD4 SE 5dr Automatic 4WD, Land Rover warranty Nov 2019, 18"alloys, privacy glass, heated seats, white, full leather **£24995**

16 66 LAND ROVER RANGE ROVER VOGUE 3.0 TDV6 Vogue 4dr Automatic, Land Rover warranty Sept 2019, pan roof, sat nav, grey, full leather **£44995**

17 17 LAND ROVER RANGE ROVER VELAR 2.0 D HSE 5dr Automatic 4x4, Land Rover warranty July 2020, sat nav, reverse camera, head up display, rear DVD, silver, full leather **£46995**

13 63 MINI COUNTRYMAN 1.6 Cooper D All4 5dr, Privacy glass, Bluetooth, aux, usb, silver **£9995**

15 15 MINI COUNTRYMAN 2.0 D Cooper Business Edition All4 5dr Automatic, sat nav, white **£13995**

14 14 NISSAN JUKE 1.6 DIG-T Nismo 5dr 4WD CVT Automatic (197bhp), sat nav, reverse camera, Bluetooth, 18"alloys, white **£10995**

12 62 NISSAN QASHQAI 1.6 DCI Tekna 5dr 4WD, pan roof, sat nav, bose, heated seats, black **£9495**

15 15 NISSAN QASHQAI 1.6 DCI Tekna 5dr 4WD, pan roof, sat nav, reverse camera, white, full leather **£11995**

16 16 NISSAN QASHQAI 1.6 DCI N-Connecta 5dr 4WD, Nissan warranty April 2019, sat nav, reverse camera, heated seats, 16k, black **£14495**

15 65 NISSAN X-TRAIL 1.6 DCI Tekna 5dr 4WD (7-Seater), sat nav, reverse camera, met green, full leather **£15795**

16 16 VW GOLF 2.0 TSI BlueMotionTech R 5dr 4WD (300bhp), VW warranty June 2019, xenons, cruise, 15k, choice **£20995**

16 66 VW GOLF 2.0 TSI R 5dr DSG 4WD, VW warranty Nov 2019, sat nav, heated seats, 18k, choice **£23495**

12 62 VW TIGUAN 2.0 TDI R-Line 5dr 4Motion, sat nav, 18"alloys, 28k, white **£13995**

15 65 VW TIGUAN 2.0 TDI BMT Tech Match 4Motion 5dr, sat nav, 17"alloys, white **£13995**

16 66 VW TIGUAN 2.0 TDI BMT SE NAV 4Motion 5dr DSG Automatic, VW warranty Dec 2019, sat nav, 18"alloys, cruise, 5k, choice **£21995**

16 16 VOLVO XC60 2.4 D5 220 SE 5dr Automatic 4WD, Volvo warranty April 2019, sat nav, privacy glass, white, half-leather **£20995**

14 14 VOLVO XC60 2.4 D4 181 SE Lux Nav AWD 5dr, pan roof, sat nav, black, full leather **£15995**

15 15 VOLVO XC60 2.4 D5 SE Lux 5dr Automatic 4WD, sat nav, heated seats, 28k, blue, full leather **£19995**

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16 66 AUDI A6 2.0 TDI Ultra S-Line Estate Automatic, 19"alloys, sat nav, heated seats, black, full leather £19995

15 65 BMW 116 D Efficient Dynamics Plus 5dr, sat nav, Bluetooth, cruise, dab, choice £10995

15 64 BMW M135i 3.0 M Sports 5dr automatic, sat nav, Bluetooth, 34k, orange, full oyster leather £17295

16 66 BMW 320 I M Sport GT 5dr, BMW warranty Dec 2019, sat nav, heated seats, full black panel display, privacy glass, silver, full leather £15495

17 67 BMW 330 2.0 E SE 4dr Automatic, BMW warranty Sept 2020, sat av, 18"M sport alloys, 11k, privacy glass, choice £18995

16 66 BMW 420 I Luxury Gran Coupe 4dr Automatic, BMW warranty Oct 2019, sat nav, reverse camera, heated seats, 16k, white, full leather £20995

16 16 BMW 430i M Sport 2dr Automatic, M sport plus pack, 19" alloys, Harman Kardon, wide screen sat nav, met grey, full leather £21495

15 15 BMW 435 3.0 I M Sport Convertible Automatic, sat nav, reverse camera, Harman kardon, black, full leather £22995

16 16 BMW 420 D 190 M Sport 2dr Automatic (190bhp), sat nav, heated seats, grey, full leather £17495

15 15 BMW 520 DSE 4dr Automatic, sat nav, 18"alloys, heated seats, choice, full leather £12995

15 65 BMW 520 DM Sport 4dr Automatic, sat nav, 18"alloys, heated seats, choice, full leather £14495

15 15 BMW 530 3.0 D M Sport Estate Automatic, m sport + pack, sat nav, 19"alloys, grey, full leather £17995

15 15 BMW M5 4.4 4dr DCT Automatic, sunroof, sat nav, reverse camera, 20"alloys, 34k, blue, full leather £29995

16 66 CITROEN C1 1.0 VTI Feel 5dr, Citroen warranty Oct 2019, air-con, Bluetooth, aux, usb, dab, choice £5795

17 67 CITROEN C3 1.2 Pure Flair 5dr, Citroen warranty Dec 2020, sat nav, Bluetooth, reverse camera, 11k, silver £9995

14 14 CITROEN DS3 1.6 E-HDI 115 Airdream DSport 3dr, air-con, aux, cruise, 30k, white £6995

16 66 DS DS3 1.6 BlueHDI Prestige 3dr, sat nav, Bluetooth, cruise, dab, black £8495

12 62 FIAT 500 1.2 Lounge 3dr, pan roof, Bluetooth, alloys, 24k, blue £4995

15 15 FIAT 500 1.2 S 3dr, air-con, Bluetooth, alloys, aux, usb, white, half-leather £5795

16 16 FIAT 500 1.2 Pop Star 3dr, air-con, alloys, aux, usb, 12k, pink £6795

17 17 FIAT 500 1.2 Lounge 3dr, pan roof, Bluetooth, PDC, 14k, choice £7295

15 65 FIAT 500X 1.6 D MultiJet Cross 5dr, 17"alloys, Bluetooth, privacy glass, 31k, red £9295

16 65 FORD ECOSPORT 1.0 EcoBoost Titanium 5dr, cruise, Bluetooth, aux, blue, half-leather £8995

16 66 FORD FIESTA 1.0 EcoBoost 140 ST-Line 3dr, Ford warranty Nov 2019, air-con, 17"alloys, privacy glass, 15k, black £9995

18 67 FORD FIESTA 1.0 EcoBoost ST-Line 3dr (New Model), Ford warranty Feb 2021, sat nav, 17"Alloys, Bluetooth, 8k, choice £12995

16 66 FORD FOCUS 1.5 TDCI Titanium X Estate, Ford warranty Nov 2019, sat nav, 17"alloys, 29k, black, half-leather £12495

12 12 FORD FOCUS 1.6 TDCI 115 Zetec S 5dr, Bluetooth, 17"alloys, 55k, white £6995

15 15 FORD FOCUS 2.0 TDCI Titanium X Navigation 5dr, reverse camera, heated seats, black, half-leather £9295

15 65 FORD FOCUS 2.0 TDCI 185 ST-3 Navigation 5dr, sat nav, heated seats, blue, full leather £12995

16 66 FORD KUGA 1.5 T EcoBoost ST-Line 5dr, Ford warranty Jan 2020, sat nav, cruise, Bluetooth, 23k, white, half-leather £17495

14 64 FORD MONDEO 1.6 TDCI Eco Titanium X Business Edition Estate, sat nav, pdc front + rear, red, half-leather £8995

15 65 FORD MONDEO 2.0 TDCI Econetic Titanium 5dr, sat nav, cruise, dab, aux, choice £9995

15 65 JAGUAR XE 2.0 D 180 R-Sport 4dr Automatic, sat nav, cruise, heated seats, dab, privacy glass, 25k, black, full leather £17495

14 64 KIA CARENS 1.7 CRDI 3 5dr (7-Seater), Kia warranty Oct 2021, pan roof, reverse camera, 33k, silver, full leather £11995

11 11 KIA SPORTAGE 1.7 CRDI 1 5dr, Bluetooth, cruise, aux, usb, 37k, silver £7995

17 67 KIA SPORTAGE 1.7 CRDI 3 ISG 5dr, Kia warranty Sept 2024, pan roof, sat nav, 19"alloys, reverse camera, 19k, blue, full leather £18495

16 16 MAZDA 2 1.5 Sport Nav 5dr, Mazda warranty June 2019, sat nav, cruise, privacy glass, 28k, red £8995

15 15 MAZDA 3 2.2 D Sport Nav 5dr, heated seats, sat nav, 18"alloys, black, full leather £9495

15 15 MAZDA CX-5 2.2 D Sport Nav 5dr, sat nav, Bluetooth, reverse camera, 19"alloys, red, full leather £12495

18 67 MERCEDES A200 2.2 DSE 5dr Automatic, Mercedes warranty Feb 2021, sat nav, reverse camera, 15k, grey, full leather £16995

16 66 MERCEDES AMG C63 4.0 Premium Estate Automatic, Mercedes warranty Oct 2019, pan roof, sat nav, reverse camera, 21k, black, full leather £36995

15 65 MERCEDES C300 2.2 H Sport Premium Estate Automatic, sat nav, pan roof, reverse camera, 38k, blue, full leather £19795

16 66 MERCEDES CLA200 Sport Estate, Mercedes warranty Oct 2019, sat nav, cruise, Bluetooth, 12k, grey, half leather £17995

13 13 MERCEDES E220 2.2 CDI SE 4dr 7G Automatic, sat nav, 31k, silver, full leather £13495

16 16 MERCEDES E220 D AMG Line 4dr 9G-Tronic (New Model), sat nav, cruise, heated seats, choice, half-leather £21495

15 15 MERCEDES E250 2.2 CDI AMG Line Convertible 7G Automatic, sat nav, heated seats, 32k, white, full leather £18995

15 65 MINI COOPER 1.5 D 5dr, chilli pack, sat nav, orange, half-leather £9995

16 66 MINI COOPER 2.0 D S 5dr, Mini warranty Oct 2019, privacy glass, Bluetooth, dab 16"alloys in black, 6k, white £12995

17 17 MINI COOPER 2.0 S Seven 5dr (192bhp), Mini warranty June 2020, media pack XL, sat nav, chili pack, 8k, black £16495

15 65 NISSAN JUKE 1.6 DIG-T Tekna 5dr (187bhp), sat nav, reverse camera, white, full leather £9795

17 67 NISSAN QASHQAI 1.2 DIG-T Acenta 5dr (New Model), Nissan warranty Jan 2021, sat nav, tech pack, 5k, red £15495

15 65 NISSAN QASHQAI 1.5 DCI N-Tec + 5dr, sat nav, pan roof, reverse camera, cruise, choice £11495

16 66 NISSAN X-TRAIL 1.6 DCI Acenta 5dr X-Tronic 7-Seater, Nissan warranty Oct 2019, pan roof, cruise, 23k, black £16495

15 15 PEUGEOT 2008 1.6 E-HDI Allure 5dr Automatic, cruise, Bluetooth, black £7995

17 67 RENAULT CAPTUR 0.9 TCE Energy Expression + 5dr, Renault warranty Nov 2021, Bluetooth, cruise, 6k, black £10995

14 64 RENAULT CAPTUR 1.5 DCI Dynamique S Medianav Energy 5dr, sat nav, reverse camera, 23k, choice £8495

15 65 RENAULT CLIO 0.9 TCE Dynamique S MediaNav 5dr, Renault warranty Jan 2020, sat nav, 23k, black £7995

15 65 RENAULT CLIO 1.5 DCI 90 Dynamique S Nav 5dr, Renault warranty Nov 2019, sat nav, cruise, aux, choice £7995

16 66 RENAULT KADJAR 1.5 DCI Energy S Dynamique Nav 5dr, Renault warranty Dec 2020, sat nav, 19"alloys, cruise, 9k, silver £14495

15 15 RENAULT TWINGO 1.0 Dynamique 5dr, air-con, cruise, Bluetooth, 37k, white £5295

16 16 SEAT LEON 2.0 TSI Cupra 3dr (290bhp), Seat warranty August 2019, sat nav, heated seats, 19"alloys, 15k, red, full leather £16995

16 66 SKODA OCTAVIA 2.0 TDI SE-L 5dr, Skoda warranty Dec 2019, sat nav, Bluetooth, dab, black £11995

17 17 SKODA SUPERB 2.0 TDI Laurin & Klement 5dr DSG Automatic, sat nav, Bluetooth, full leather, silver £18995

16 16 SUZUKI VITARA 1.6 DDIS SZ5, Suzuki warranty Feb 2019, sat nav, reverse camera, pan roof, turquoise £11495

17 67 VAUXHALL ASTRA 1.6 CDTI Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather £11995

16 16 VAUXHALL INSIGNIA 1.6 CDTI ecoFLEX Design 5dr, Bluetooth, cruise, 28k, silver £8995

14 64 VAUXHALL INSIGNIA 2.0 CDTI ECOFlex SRI VX-Line 5dr, vxr styling pack, sat nav, 19"Alloys, bose, 33k, black £10495

17 66 VAUXHALL INSIGNIA 2.0 CDTI (170) EcoFlex SRI NAV Estate, Vauxhall warranty Jan 2020, sat nav, 17"alloys, 22k, met blue £10995

11 11 VW BEETLE 1.4 Luna Convertible 75ps, pdc, alloys, red £4995

16 66 VW GOLF 1.0 TSI Match Bluemotion Edition 5dr, VW warranty Sept 2019, sat nav, heated seats, Bluetooth, cruise, 10k, silver £13995

16 16 VW GOLF 2.0 TDI GTD 5dr, VW warranty June 2019, sat nav, cruise, Bluetooth, heated seats, choice £15495

16 66 VW POLO 1.4 TSI ACT Blue GT 3dr, VW warranty Dec 2019, electric glass sunroof, Bluetooth, cruise, choice £11995

16 66 VW SCIROCCO 2.0 GT TDI BLUEMOTION TECHNOLOGY 3dr, VW warranty Nov 2019, sat nav, cruise, Bluetooth, 16k, white £15995

16 66 VW TIGUAN 2.0 TDI BMT SE NAV 5dr, VW warranty Oct 2019, sat nav, cruise, 18"alloys, aux, usb, 9k, grey £20995

15 15 VOLVO V40 1.6 D2 R-Design 5dr, cruise, heated seats, dab, Bluetooth, choice £10495

16 66 VOLVO XC60 2.0 D4 R-Design Lux Nav 5dr Automatic, Volvo warranty Oct 2019, sat nav, heated seats, 18"alloys, privacy glass, 23k, black, half-leather £21995

16 16 BMW 520 D M Sport 4dr Automatic, pro media, M sport + pack, grey, full leather **£15995**

14 64 NISSAN QASHQAI 1.5 DCI N-Tec + 5dr, sat nav, pan roof, reverse camera, Bluetooth, white **£9995**

16 66 KIA SPORTAGE 1.6 GDI 1 5dr, air-con, cruise, Bluetooth, dab, 17k, choice **£11995**

17 17 HONDA CIVIC 1.5 VTEC Sport 5dr, sat nav, reverse camera, privacy glass, 23k, blue **£15995**

17 67 FORD FIESTA 1.0 T EcoBoost Zetec 5dr, sat nav, Bluetooth, 7k, black **£9995**

15 15 DS DS4 1.6 BlueHDI DStyle Nav 5dr, sat nav, cruise, pdc, aux, white **£7495**

15 65 FIAT 500 0.9 TwinAir Vintage 57 3dr, Bluetooth, blue, full leather **£5995**

16 66 NISSAN QASHQAI 1.5 DCI N-Vision 5dr, sat nav, pan roof, reverse camera, half-leather **£12995**

12 62 BMW 118 D Sport Plus Edition 2dr, heated seats, privacy glass, 55k, black, full leather **£9495**

17 67 SEAT LEON 1.4 TSI 125 FR Technology 5dr, sat nav, cruise, Bluetooth, 9k, choice from **£12995**

16 16 SMART FORFOUR 1.0 Prime Premium 5dr, sat nav, heated seats, 15k, white, full leather **£7495**

15 65 FORD KUGA 2.0 TDCI Titanium 5dr, cruise, Bluetooth, blue, half-leather **£11495**

16 66 JAGUAR XF 2.0 D (180) R-Sport 4dr Automatic,sat nav, heated seats, choice, full leather **£19495**

16 16 FIAT 500X 1.3 D MultiJet Pop 5dr, air-con, cruise, alloys, 20k, silver **£8995**

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65 AUDI A1 SPORT 1.0 3dr in white, 45,000 miles, 1 owner, free road tax **£9,995**

13 AUDI A1 S-Line 1.4 TFSi 5dr Automatic In red, 73,000 miles, very nice example..... **£9,995**

15 FORD ECO SPORT 1.5 DCi Titanium in met grey, 79,000 miles, £30 road tax **£9,495**

13 MINI Cooper S 'Bayswater Edition' In black with black leather, 52,000 miles, pan roof, etc **£9,495**

15 VW Polo 1.4TDi SE 5-Dr In met-red, 25,000 miles, low running costs **£8,995**

12 FORD GRAND C-MAX 2.0 TDCi Titanium, Auto, Met terrian with leather, 46,000 miles, 7 seater with sat nav, pan roof etc **£8,995**

66 FORD FIESTA 1.2 ZETEC 5-DR in met black, 19,000 miles, 1 owner..... **£8,495**

09 AUDI A4 Avant S Line 2.0 TDi In black, 69,000 miles half leather, Xenons, etc **£8,295**

65 SKODA Fabia 1.0 MPi SE 5dr In black, 22,000 miles, 1 owner **£7,995**

61 HYUNDAI IX35 Style 2WD 1.7 CRDI in silver, 52,000 miles, two owners..... Reduced to **£7,995**

14 HONDA Civic 1.6 Diesel, SE+, 5-Dr In silver 68,000 miles, free road tax **£7,995**

12 NISSAN QASHQAI 1.6 Accenta In silver, 65,000 miles, 2 owners **£7,695**

64 MINI Cooper 1.5 Diesel In met blue/white roof, 81,000 miles, superb looking car at **£7,495**

11 VW Golf 1.6TDi Match 5-Dr In met-red, 42,000 mile, very desirable at **£7,495**

63 VAUXHALL Astra 2.0 CDTi SRi 5-Dr In ice blue, 45,000 mile diesel hatch..... **£6,995**

63 NISSAN Juke 1.5 DCi Acenta Met-burgundy, 71,000 mile diesel, great value at..... **£6,995**

60 MINI Cooper 1.6D Convertible in black with leather trim, 52,000 miles, Chilli pack etc **£6,995**

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64 VAUXHALL Corsa 1.4 SE 5-Dr In met grey, 44,000 miles, a/c, etc **£6,495**

14 HYUNDAI i10 SE 1.2 5-DR new shape met black, 16,000 miles, £30 road tax, low insurance **£6,295**

13 SKODA Rapid 1.2 TSi Elegance In met grey, 51,000 miles, ideal family hatch **£6,295**

13 FORD Fiesta 1.5 TDCi Zetec 5-Dr In silver, 49,000 miles, free road tax **£6,295**

63 VAUXHALL ASTRA 1.4 Excite 5-Dr met light blue, 47,000 miles, alloys, A/C..... **£5,995**

63 KIA Rio 2 1.2 3-Dr In silver, only 11,000 miles from new .. .. Reduced by £1,000 to **£5,995**

61 MINI One 1.6 in red, 34,000 miles, very nice example at ..... Reduced by £800 to **£5,99562**

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60 MERCEDES B160 Blue Efficiency Sport In black, 64,000 miles, nice example **£5,995**

16 PEUGEOT 108 Active 5-Dr in red, 26,000 miles, 1 owner, free road tax **£5,995**

14 VAUXHALL Corsa 1.4 SE 5-Dr In met-black, 43,000 miles, a/c, alloys etc **£5,995**

08 NISSAN X-TRAIL 2.0D Aventura In met blue, 95,000 miles, sat nav, pan-roof etc **£5,995**

64 FIAT 500S In met grey, 48,000 miles, very nice example **£5,695**

63 FIAT 500S 1.2 in midnight indigo, 32,000 miles, £30 road tax, Facelift Model .. Reduced by £700 to **£5,295**

12 VAUXHALL MERIVA SE 1.7 CDTi Automatic in burnt orange, 55,000 miles **£4,995**

11 CITROEN C4 GRAND PICASSO 1.6 Diesel Executive Automatic 78,000 miles, 7 seater **£4,995**

10 MINI Cooper S In electric blue with white roof etc, high spec hot hatch..... **£4,995**

63 VAUXHALL Corsa 1.0 Ecoflex S 3-Dr In white, 26,000 miles, £30 road tax **£4,495**

63 DACIA Sandero Ambiance In black, 53,000 miles **£4,495**

62 HYUNDAI i10 Active 1.2 In white, 34,000 miles, £20 road tax, low insurance **£4,495**

12 HYUNDAI i10 Classic 1.2 In silver, 22,000 miles, 2 owners, a/c, etc, £20 road tax **£4,495**

10 HONDA Civic 1.8 Si 5-Dr In red, 91,000 miles, very nice throughout ..... Reduced to **£4,495**

11 FORD FIESTA 1.4TDCi Edge, 5-Dr, In silver, 60,000 miles, £20 road tax **£4,295**

60 MINI Cooper 1.6 Diesel In black, fantastic mpg & free road tax ..... Reduced to **£3,995**

59 MAZDA 3 1.6 S 5dr, in electric blue, 67,000 miles, ideal family car..... **£3,995**

13 SUZUKI ALTO 1.0 SZ Free, 5-Dr, In cherry pink, 37,000 miles, 1 owner, free road tax..... **£3,995**

12 VAUXHALL CORSA 1.2 Active 3dr In white, 52,000 miles, 2 owners with A/C..... **£3,995**

12 KIA Picanto 1.0 3-Dr In black, 47,000 miles, free road tax, low insurance **£3,995**

11 FORD Ka 1.2 Edge In black, 32,000 miles, £30 road tax, low insurance **£3,995**

60 HYUNDAI i10 Classic 1.2, 5-Dr In black, 45,000 miles, low insurance and road tax..... **£3,495**

08 FORD C-Max 1.8 Zetec metallic red, 52,000 miles, 1 owner, ... Reduced by £700 to **£2,999**

08 VW EOS 2.0 FSi In black, 83,000 miles 4-seater convertible ..... Reduced by £700 to **£2,995**

60 VAUXHALL AGILA 1.2S 5-Dr, In electric blue, 76,000 miles, low insurance **£2,995**

13 AUDI A1 S-LINE 1.4 TFSi 5-DR Automatic
In red, 73,000 miles, very nice example
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10 RANGE ROVER 3-6 TDV8 VOGUE Auto
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63 VAUXHALL Astra 2.0 CDTI SRi
Ice blue, 45,000 mile diesel hatch
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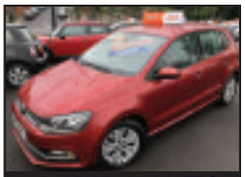

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Bridgend Athletic mini and junior rugby round-up

THE under-7s hosted Beddau at Newbridge Fields, and with the Ath having a squad of 19 players they were able to field three teams.

It was great to see the youngest players representing Bridgend Athletic showing such commitment and effort, particularly Callum Brown, Zavier Gardener, Osian Phillips and Charlie Tune once again leading the way in attack with George Evans, Geronge Cowan and Tyler Pascoe showing great determination in defence.

THE under-8s also hosted Beddau RFC.

Both sides turned up boasting strong squad numbers and as a result were each able to field two teams.

The Ath looked rusty and lacked their usual sharpness in both attack and defence. Beddau were able to capitalise on this and proved the stronger side on the day, and across four matches the Ath won one and lost three.

This week they take on their close rivals from Bridgend Sports.

THE under-9s welcomed Beddau to Newbridge Fields and were expecting a tough game after they drew 35-35 earlier in the season.

Ethan Davies and Dylan Jones were excellent and stood out in both attack and defence. The players still need to work on their defence as a team but thoroughly deserved their 70-40 win!

THE under-13s had a home game against Tonyrefail, our first game ever played on the Coity 4G pitch.

In dry conditions Rhys Hockings opened the scoring, the try converted by Charlie Rees, but Tonyrefail soon got back into the match and it wasn't a surprise when they crossed from a driving lineout, with the resultant conversion missed.

Hockings then put Dan Honeyfield in at the corner, a try that was converted by Charlie Rees. Then the forwards ran a training ground move with Honeyfield crashing over from close range to bag his second of the match. Again, the conversion was kicked by Rees and the Ath were leading 21-5 at half-time.

It was a Tonyrefail kick out of defence that led to the next score, Joel Rodgers showing good feet and pace to run into the corner, Rees' fourth conversion taking the score to 28-5.

Tonyrefail then scored their second try of the game, which was converted, and with the Ath taking their foot off the pedal, Tonyrefail scored again, yje final score 28-19.

This week they welcome Kenfig Hill to the Coity pitch.

THE under-15s were away to Cwmavon in their Ospreys Cup quarter-final game, and with so many injuries and players unavailable it was always going to be a tough one.

The Ath scored first through Jacob Perkins but it didn't take long for Cwmavon to strike back with a try out wide against the run of play.

Evan Beach went through a gap to add to the Athletic score and Ethan Scourfield fended off defenders to get the Ath's third try.

The second half saw Cwmavon come out fighting and they scored a second try. A driving maul from a lineout saw Jacob Perkins get his second try and Evan Beach stepped up to add another three points from a good distance out.

The final score was 27-12.

THE under-16s welcomed Bryncoch to Newbridge Fields and scored an early try through Tom Florence.

A short while later Florence was at it again, chipping over the full back to win the race for a touchdown wide out; both tries were converted by Euan Rees.

Further tries came from skipper Ryan Neagle and Florence again, completing his hat-trick before half-time. Ryan Neagle also completed his double also in the first half.

Fynn Mordecai then scored in the corner for the try of the match and half-time saw the score at 38-0.

The second half saw Bryncoch rally and score two quick tries, but the Ath bounced back with tries from Florence, Harry Cawley and scrum half Callum Reed.

All in all a fantastic effort from all players to get such a big win against a very good team. Nine tries scored with four converted by Euan Rees (other conversions were declined!) for a final score of Bridgend Athletic 53, Bryncoch 15.

AB

Lady golfers celebrate end of year

COTTRELL Park ladies' Christmas lunch began with a drinks reception which put the ladies in a festive mood.

The lady captain was greeted with a standing ovation followed by her little helpers (the ladies' committee) dressed in Christmas tree outfits!).

A superb Christmas meal was presented by Cottrell Partk which was really enjoyed by all

Prizes were given out for the summer season to Lorraine Pointon Bell for Dragon Broach with the Pencarreg Cup Super 70 and medal given to Patricia Roe, the Grandmothers Cup to Patsie Smith, Aberthin Cup to Sara Alexander and the Summer League trophy to Chris Impey.

The Cup of Achievement for the person who has lowered their handicap most went to Sarah Wallace, with the Eclectics won by Helen Little and Helen Evans.

The raffle was won by Regina Drew, with the price being a hamper.

A gift was given to each lady from the captain with good wishes for a happy new year and good golfing.

LPB

The Vale of Glamorgan Football League round-up

AFTER an enforced winter break that only saw a small handful of games played December, the Vale league brought in the New Year with goals galore.

It was derby day in the Premier Division as Barry Athletic picked up where they left off with a 4-1 Barry Island derby victory over Island Marine. Athletic remain four points ahead of Penarth Town having played two games less.

Penarth kept near the leaders with a derby win too, as they edged Sully Sports 2-1, while third place AFC Rhoose lost ground on the leaders, to whom they have a game in hand, as they were held to a 2-2 draw at home by St Athan.

In Division One, champions-elect Holton Road thumped Cardiff Airport by a score of 8-3 - the result sees Holton Road now 19 points clear at the top with 14 wins from 14 games. With seven games remaining it would take a catastrophic collapse by the leaders not to be crowned champions.

Below the runaway leaders it is far tighter as eight points separate second and seventh. Cadoxton Imps remained second with an impressive 5-3 win over Cadoxton Barry in another derby, while Tynewydd stayed level on points with the Imps with a thrilling 4-3 victory over Cogan Coronation.

Down at the foot of the table Cwm Talwg were triumphant over SP Billy in a nine goal cracker, 5-4.

In Division Two, AFC Rhoose B moved into an advantageous position atop of the division as they got past Penarth B 2-1, while second-placed St Athan B slipped to a 1-0 defeat to Barry Vikings, who close the gap on second to two points. AFC Rhoose B are four points ahead having played a game less.

Barry Athletic B went fourth with a 4-1 win over Vale Madrid while Island Marine secured a second successive three points, defeating Cadoxton Athletic 6-2. That's five league games without a win for Athletic, whose good early-season form seems to have deserted them.

The league action continues this week (weather permitting).

HD

On and Off The Turf with Brian Lee

VALE trainers Christian Williams and Evan Williams (no relation) both saddled winners at Hereford on Wednesday (Janurary 2).

Christian took the opening Conditional Jockeys' Novice Handicap Hurdle with Uno Mas, who, ridden by Rex Dingle, beat the Jonjo O'Neill top-weighted Bahama Moon by a length at odds of 9-1.

Evan saddled Go Long which took the MansionBet Novices'Chase and which won by one-and-three- quarter lengths from First Drift. Go Long ridden by stable jockey Adam Wedge was a 15-8 chance.

Two other Welsh trainers who had winners at the meeting were Pembrokeshire's Dai Rees, who won with Gardeners Hill, and Brecon's Brian Eckley who scored with his home-bred Liberty Bella.

WALES' MOST POPULAR CHASER A LAST FENCE FALLER

THE £100,00 Unibet Veterans'Handicap Chase at Sandown Park last Saturday (January 5) went to the Venitia Williams-trained Houblon Des Obeaux, which came home 15 lengths ahead of Colin Tizzard's Theatre Guide.

Llancarfan's Evan Williams's On Tour finished a further four and a half lengths back in third place.

However, On Tour's stable companion, and last year's winner Buywise, partnered by stable jockey Adam Wedge, the only danger to the winner after making up a lot of ground in the closing stages, was about three lengths down and appeared to be still full of running only to fall at the last fence, leaving Houblon Des Obeaux to run out an easy winner after being backed from odds of 20-1 to 7-1.

Williams reported that Buywise was none the worse for his fall but he fears that the popular chaser - one of the few horses to have two pages devoted to him in Timeform's Chasers & Hurdlers annual - may not reach the heights again.

Evan told the racing press: "Whether he'd have won is irrelevent became the main thing is he's sound and happy. I was very surprised how he ran, he's been on a downward slope and

I was overjoyed with him, but whether he can reproduce that form again after such a fall, I don't know.

"It will be very difficult I'd imagine," he added: "He's been in trouble since last year and the problem with veterans' chases is that people get a false view of the form. I couldn't think of any horse that went into the race in form and I don't think the winner is back to his best. I think probably 90 per cent of the horses haven't run to any type of form."

Because of a series of near misses, jumping enthusiasts have taken Buywise to their hearts

and he has had a cult following over the years and Williams said: "Why do people love him?

I don't know. I think the Brits love a gallant loser. You get blown away with it and you get a bit proud with people thinking the horse is special.

"I don't know if he deserves the attention, all he's ever done is broken everybody's hearts. He's a wonderful old boy and if I had a yard full of horses like him I'd be very happy,but I'd be greyer and balder than I am."

Buywise had several near misses at Cheltenham, the spiritual home of steeplechasing, and

Williams has had scores of letters from his fans telling him how he should be ridden and trained.

Evans said: "He takes an awful long time to warm up and that why he tends to get behind and appears to take liberties with the fences."

Ben Jones, aged 19, who is attached to Philip Hobbs' Withycombe, Somerset yard, came in for plenty of praise after winning the RacingTV. Com Mares' Handicap Hurdle at Wetherby last Friday (January 4) on Hobbs' Midnight Glory.

In winning the race, Ben was reported to have "…showed maturity beyond his years with a well executed ride."

After a 248-mile journey from Somerset to Wetherby, the winning connections had plenty to smile about!

Golfing seniors' stableford action

FOLLOWING the Christmas and New Year break, St Mary's Golf Club's senior section eased back into their regular weekly competition programme with 18 of their number teeing off in a team stableford competition.

The players enjoyed a brief respite from the recent prolonged rain, but the heavy going and frigid temperature dictated that the event be played over a reduced course of just 12 holes.

The very popular format of the two best scores of three on each hole was the order of the day, and the six teams of three players all returned net scores better than the nominal par of 48 stableford points.

The team of Doug Mein, Trevor Evans and Fred Furby claimed the victory with 57 points, one more than the second placed team of Gareth Jones, Meic Edwards and section chairman, Gordon Martin.

NL

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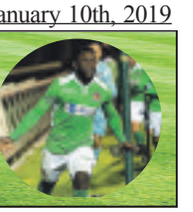

Last-gasp win for Bridgend Athletic against Treorchy!

ABOVE LEFT: Will Barraclough fends off opponent to cross for the winning try, while ABOVE RIGHT: Sean Williams with Ben Howe in support. ALL PICTURES BY JOHN CANNON.

A SECOND consecutive match seasonal league double saw Bridgend Athletic come away with a last-gasp, final play Will Barraclough try, to win a memorable Division 1 East Central victory against third-placed Treorchy, with a 16-12 victory at their Oval Ground.

It was a victory against the odds following the late withdrawal of Athletic's No 8 Ben Davies and flanker Tom Davies, leaving the Athletic with only three replacements including coach Stuart Morris.

Following a reshuffle of the pack Sean Williams moved from lock to No 8, Jonathon Stoker filled the vacant lock position and former youth captain and Ospreys development player Joe Grabham started at flanker.

Youth full back Levi Hallett made a very creditable first XV debut, growing into the game with time, while normal scrum half Aled Thomas became the sixth player this season to occupy the injury-ravaged No 10 slot.

He has now played every back position for the Athletic and once again proved his versatility.

Treorchy possess one of the best back divisions in the league, but the Athletic pack assumed early control, starving them of possession.

The Athletic front row of props Rhodri Apsee and Matthew Norman and hooker Lee Murphy consistently drove the home 8 backward in the scrum putting the Athletic on the front foot.

The early pressure saw Treorchy caught offside in the third minute and Hallett marked his debut with his first points with a well-struck penalty.

Locks Stoker and Will Petchell were good ball carriers and provided the weight for the Ath to drive Treorchy back at another set scrum, resulting in Hallett kicking his second penalty.

Despite the Athletic's dominance up front, the Athletic bombed two opportunities to cross the whitewash with players ignoring blatant overlaps.

Treorchy were pinned behind their own goalline when the Ath missed a tackle and Treorchy broke away.

Swift handling saw wing Liam Lloyd show the Athletic how to finish, rounding off a length of the field move to reduce the deficit to 6-5.

With minutes of the half remaining, Treorchy forward lock Will Griffiths lost his cool and was dismissed with a red card for punching an Athletic player on the floor.

Athletic wing Owain Leyshon went on a barnstorming run with the final play of the half but was held inside the home 22.

Despite being a man down, Treorchy started the second half on the front foot. No 8 Cory Dunn ran a good line, beating would-be Athletic tacklers to cross for a try, converted by outside half and captain Jordan Lloyd, to put the Zebras 12-6 ahead. Treorchy also made a front row change which nullified the Athletic drive.

The pattern of play continued with the Athletic back row of Ben Howe, Sean Williams and Joe Grabham prominent in defence and attack, helping, along with centres Chris Price and Tom Jenkins, to stifle the normally fluent Treorchy three quarter plays.

Although half backs Dan James and Aled Thomas were bringing centres Chris Price and Tom Jenkins into play, they were unable to breach a solid Treorchy defence.

With 15 minutes remaining, the Athletic forwards kept the ball tight. The impressive Matthew Norman was held but when the ball was recycled, fellow prop Rhodri Apsee was on hand with some deft footwork and strength to beat three players and cross wide out to reduce the Athletic deficit to 12-11.

The game then went flat for 10 minutes before Athletic captain Ben Howe, leading by example, asked his side for a last big effort.

With two minutes remaining, Hallett unfortunately struck a penalty against the upright. The Athletic refused to give in and battered the Treorchy try line for the remaining two minutes of the game.

Following a series of close-range pick and goes, the backs moved the ball wide to wing Will Barraclough.

Although seemingly well marked, he stepped inside his opponent and held off a tackle to cross wide out with the final play to give the Athletic a well-deserved league double, and a narrow 16-12 win.

Athletic head coach John Apsee was full of praise for the 15 players who played unchanged throughout, singling out flanker and captain Ben Howe and prop Matthew Norman for outstanding performances.

This Saturday, the Athletic visit league leaders Glamorgan Wanderers, hoping to complete a hat trick of successive wins and cancel out a narrow 10-8 league defeat back in September.

AB

Celtic edge Skewen in tight league encounter

MAESTEG Celtic welcomed Skewen to Garth Park for the return fixture in Division One West Central League.

The game was played at a high tempo with both teams looking to use the ball at every opportunity. In the first half, the packs were evenly matched with the Celtic front five of Mathew Phillips, Ashley Poole, Sean Lambert, Mark Hillier-Rees and Alex Jones holding their own in the set pieces and defending well on the gain line.

The back row of Ryan Turner, Oliver Petty and Jonathan Davies, recently returned from injury, were strong at the breakdown and won several turnovers.

The Celtic half backs Cameron Jones and Matthew Harris combined well as usual and distributed the ball to centres Lee Arthur and Kristian Jenkins at every opportunity. Celtic back three of Morgan Harris Geraint Roberts and Lloyd Jenkins were full of determination and had some great attacking runs.

Celtic opened the scoring early in the first half.

During a period of repeated possession, the ball came to captain Oliver Petty who switched play with a very long pass across field which was gathered by flanker Jonathan Davies, who put left wing Lloyd Jenkins clear to run in and touchdown in the corner.

Skewen took the lead when Celtic lost possession in the visitors' 22 and the ball was swiftly moved wide for their wing Sam Collins to run in a try from distance. Bramwell converted.

Just before half-time, Celtic scrum half Cameron Jones took a quick penalty and ran through the visitors' defence before kicking deep into their 22.

The full back was forced into touch and Mark Hillier-Rees caught the throw in and was driven to the try line. Ryan Turner touched down, but the referee was unsighted and gave a penalty try to Celtic.

Skewen began the second half with great determination and after repeated attacks in home territory, they crossed in the corner to equal the scores.

Celtic regained the lead when scrum half Jones took a quick penalty and linked up with fullback Geraint Roberts who made ground before putting wing Morgan Harris clear to score.

Skewen then took the lead with a converted try created in their own half, when good inter-passing put their fast wing clear to score.

Matthew Harris then kicked a penalty to give Celtic a one-point lead. The Celtic pack began to dominate and when Alex Jones won a lineout on the 10 metre line and the pack drove play into the 22.

The Celtic three-quarters ran the ball wide. Centre Lee Arthur drew the defence and Cameron Jones found Alex Jones arriving at pace.

CONTINUED ON PAGE 23

Tondu beaten by impressive Ystalyfera

Steffan Jones up in the clouds. SEE MORE PICTURES FROM GARETH ANTHONY AT GLAMORGAN-GEM.CO.UK/SPORT.

TONDU stunned visitors Ystalyfera with a sensational opening try created by full back Aled Jones and finished off by back row man Rhys Samuel.

Jones initially avoided numerous tackles to set up a splendid start to the game for the home side.

With Tondu on the front foot, though, they again made a fatal mistake when a loose pass in midfield allowed centre Jonathan Bayliss to run in under the posts; the conversion was successful from Steffan Castle.

Further fine handling from the backs put the visitors into the lead when Ryan James finished off a move and again Castle added the conversion.

A Tatchell penalty kept the home side in touch, but a sublime kick ahead by wing Browdy Davies saw him cross in the corner, with Castle again adding the extra points.

Another penalty from Tatchell kept the scoreboard ticking over for the home side, followed by a wonderful finish from second row Adam Harris to bring Tondu within a point after Tatchell's conversion, the half-time score 21-20.

A Tatchell penalty put Tondu in front early in the second period before the visitors finally showed their class.

A memorable Luc Caines try set them on their way, which Castle converted, before Bowdy Davies added another, and finally top try scorer Luc Caines completed the second half rout with a sensational solo effort, with Castle adding the extra points to to give Ystalyfera a convincing final result, winning 40-23

Tondu can take credit for their first half performance and look forward to improved performances, but Ystalyfera certainly look capable of winning this league, and it will take a good side to stop them.

Mike Sully

YOUTH WIN WITH A SMILE

After a lot of possession and territory, it was Cael Chamberlain who crossed the line for the Waterwheelers' youth side in this game against Nantymoel which was converted by outside half Dan Thomas.

Nantymoel fought back and kept Tondu on their toes, and an excellent individual try was scored by their fullback making it 7-7.

Nantymoel began to dominate territory, but it was Tom Painter who scored for Tondu just before the break making it 12-7 at half-time.

The second half began and Tondu came on stronger than ever. Tom Boobyer, who has just returned from a long injury, crossed over to make it 19-7 when converted by Dan Thomas.

A build up of penalties saw Jacob Thomas receive a yellow for offside. This didn't let Tondu's momentum slip, however, and scrum half Morgan Williams scored and converted his own try to make it 26-7 to Tondu. Tondu began to play with a lot of confidence, and a box kick straight into winger Bobby Bromley's hands saw him sidestep a defender, beat another two with pace and score with a smile under the posts to make it 31-7.

The Waterwheelers' continuity was flowing and the forwards were playing like backs.

Great skills and offloads saw winger Alix Davies score in the corner after a burst of pace down the wing to make it 36-7 to Tondu.

Nantymoel were determined not to let Tondu score again and came back to score the last try of the game, which also saw Tom Boobyer receive a yellow card.

The final score was 36-14 to Tondu.

Joe Allen

TITANS GET READY FOR THEIR FIRST HOME GAME

EXCITING times are ahead for the Tondu Titan Ladies as their first home game is on January 20 when they welcome Blaina.

Training and recruitment is in full swing, Tuesdays 7pm-8pm at the CCYD Astro and 6.45pm-8.30pm Pandy Park.

Join us on January 25 at 7.30pm at Tondu RFC for a quiz night, £5 per ticket, maximum of five people per team. Teams can be made up on the night. All proceeds go to the under-13s; tickets are available from Cerys on 07929468632.

The Titans are also looking for a photographer. The successful applicant would need to be able to travel with the team to away games. Anyone interested should contact Mike Sully, Tondu RFC press officer, on 07789 793172.

Mike Sully